

ExCEL Mini Report

Activity: SHINE (Safety & Health Online Experience)

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Justification in joining the activity

IEM-UTM has organised an online talk called "Safety & Health Online Experience" at Facebook Live on the topic about BOSIET, which stands for "Basic Offshore Safety Induction & Emergency Training". The event was held on 17th of November 2020 starting from 2.00 p.m and end around 3.00 p.m. The speaker invited was Dr Norafneeza Bt Norazhar, Lecturer School of Chemical & Energy, UTM.

The Graduate Attributes that are focused on

• Communication Skills

When an emergency happens, it's crucial to have good and effective communication with the people around you to allow the rescue and evacuation to be conducted smoothly. For example, during the first aid when someone fainted, there are lines (of commands) you need to ask to check that person's condition, and to ask the surrounding people to cooperate, or even provide certain help.

• Thinking Skills

The talks exposed me to something completely new to me, which is the knowledge on hazards and things to do when encountering them. This surely gives me a new insight and point of view which definitely will be helpful in my life. You don't know what will happen next in the future, and you can't think if you don't have prior knowledge on certain stuff.

Adaptability

During an emergency, we ought to stay cool and keep a clear mind in order to think right. There are times where the incident was taught and practised before, hence we can kind of cope with the situation. But, there are also times that things can get out of hand, or something we never know of happens. When time like this comes to us, we need to adapt to the situations and changes, use knowledge that we have learned to think critically, and eventually obtain a solution to cope with that particular situation

• Global Citizen

We need to always keep updated with current world issues to avoid derailment from the world while working time. This talk really widened my horizon.

Content of the activity

At the start of the talk, Dr Norafneeza Bt Norazhar first introduced herself and her study experience. The course, BOSIET, was taken by her during her Phd study in Canada as required by her research. The topic shared is specifically on T-BOSIET, where the T stands for "tropical", which as the name itself implies these safety measures and knowledge is more tropical region oriented. The speaker first shares about the activities done during the BOSIET training, which can be divided into theory and practical, then she proceeds to share knowledge on helicopter safety and escape.