

OVERALL REFLECTION ON UHMT 1012

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Subject : UHMT 1012 GRADUATE SUCCESS ATTRIBUTES

Lecturer Name : Dr. Marlina Ali

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Based on my understanding, UHMT 1012 Graduate Success Attributes is a course in which the lecturer in question has to be determined to prepare the students for the real-world environment by training our skills, whether it is soft skills, hard skills, ability to write a case study based on issues revolving the real world, or overall to increase our success in being employed in the near future. I would like to start by appreciating the effort put in by our lecturer, Dr. Marlina Ali, as she has been a very helpful and understanding lecturer. Even though the tasks given by our lecturer took us out of my comfort zone in terms of writing capabilities, leadership skills and understanding on real-world issues, it has definitely taught me to become more comfortable in doing these sorts of tasks. The deadlines given by our lecturer were very short and have always kept the students on edge whenever we are doing the assignments, it has served to teach us how to be smart with managing our time. These short yet acceptable deadlines serve to teach us how important time management is and that we should always use our time wisely especially when working in big projects, where the involvement of different students changes the entire dynamic of how we should run our projects. I would also like to mention how cooperative and quick-witted the students that I have worked with in these projects are. I have nothing but good things to say about my groupmates who have done a wonderful job executing the group project. With each student being given a particular role in the group, they have done an excellent job and we have never faced any major issues to the point where our whole project crumbled. I would definitely work with them in future projects if given the chance.

The first major task that was given by our lecturer, Dr Marlina Ali, was writing a case study regarding any global issues that we are made aware of. In my opinion, this was a very

good first step in training our skills to incorporate our own understanding on a chosen topic as well as having the skills necessary to research and find articles and journals that would further justify and solidify our reasons. The chosen topic for my case study was alcohol abuse that has become a widespread problem, due to the fact that it serves no other good purpose than to give temporary happiness to the alcohol abuser. Moreover, the fact that the negative effects of alcohol abuse outweigh the mere temporary happiness that it gives is a good enough reason for me to shed light on this topic. I started my case study by addressing the issue of alcohol abuse by defining the term, followed by giving snippets of sentences by credible articles and journals to further support my case. I mentioned about how people are not taking this issue seriously as opposed to other more known issues due to the fact that it has not been talked as much. I first listed the causes that contributed to alcohol abuse as well as giving some further insight by including some examples of situations where someone might be inclined to consume alcohol. Some examples of these situations that I thought were the most prominent causes are peer pressure that are most prevalent in teenagers, high amounts of stress which often leads certain individuals to resort to consuming high amounts of alcohol to cope with said stress, as well as learning to drink at a young age which correlates with the other causes present and is thought to serve as the basis of most alcohol abusers. After explaining the causes of this issue, I continued my case study with by detailing the negative impacts that it can cause to said alcoholics. Problems such as slow reflexes that is often perceived as the most dangerous effect of them all and is considered the leading cause of car accidents involving intoxicated individuals, poor decision-making abilities which causes people to act upon emotion rather than being rational, and long-term health issues regarding kidney failure were all covered in the case study. However, the most underrated effects of alcohol abuse that many people tend to brush off when hit with alcohol abuse is financial problems. In my opinion, this issue is by far the most dangerous, not because of how deadly it is, but because of how financial problems tend to become the foundation of other worse problems such as depression, major anxiety and suicide. With all the effects covered, I moved on to giving my thoughts on ways to combat alcohol abuse. These solutions can be categorized into government actions, school actions and personal actions. Based on my personal view alongside some of my findings, the government can issue a fine to alcoholics who drive while under the influence while schools can manage a campaign to raise awareness on the topic alcohol abuse to the young impressionable teenagers. For personal actions, we can help ourselves by finding better friends so that we will not be the victim of peer pressure, finding a better coping mechanism that brings more benefits to us than

drawbacks and if all else fails, we can go to rehabilitation to cure our alcoholism. I concluded my case study by stating that I hope change will be made regarding this issue.

The second major assignment that was given to me was about making a CV video that we later upload to YouTube for the lecturer to view. The contents of the video revolved around the students introducing themselves in a formal manner, giving details such as the student's name, age, and the course they took, as well as mentioning as to why we should be employed by the company. In my opinion, this task proved to be very useful in realizing my capabilities in terms of academic skills, technical skills, soft skills and hard skills. In my CV video, I briefly introduced myself and my educational background as well as explaining as to why companies should hire me. I mentioned that I had an innate creativity that seems to flourish ever so slightly with the presence of the right people and the right environment, while also being capable of handling multiple tasks while also maintaining academic excellence. By the end of the video, I linked my email address so that companies can contact me if they were interested. Not only did this help me in terms of being professional in a video, it has also caused me to look back at all my achievements that subconsciously increased my self-confidence.

The third major task that I have received by our lecturer, Dr. Marlina Ali, was a group assignment involving coming up with an innovative business idea. This assignment was very exciting for me and the other students as this teaches us how to be more creative in our ideas, while also maintaining a sense of logic or rationality when coming up with our idea. The business idea also pushed us to come up with an idea that still serves to be relevant in today's age, where technology has received exponential growth compared to decades ago. With that in mind, me and my group members, which were Marnisha Mustafa, Hanis Rafiqah, and Iman Ehsan, have come up with an ingenious idea to turn the ordinary, everyday glasses, into the stylish, self-wiping glasses conveniently named "The Wiper Glasses". As a person who regularly wears glasses myself, I have frequently found problems regarding my glasses that I wish were solved. The problems such as having wet lenses from rain droplets, foggy lenses caused due to condensation, and having dirty lenses due to touching the glasses with our fingers happen all too frequently. These glasses help to resolve those problems as well as adding features which would help the user wearing the glasses immensely throughout the day. In our presentation, we have featured the model of the glasses, described as having an alloy framing

capable of withstanding wear and tear, with built-in LED flashlights, wipers with a nozzle to spray water on the lenses, and also possessing a built-in heat transfer functionality on the framing. The LED flashlights can be charged through the USB port located on the sides of the frame and water can be refilled through a small capsule located on the opposite side of the USB port. The wipers of the Wiper Glasses are used to wipe off the glass surface to give a clear view to the user while the nozzle can spray water on the lenses to easily wash off any dirt or fingerprints found on the lenses. The LED flashlights serve to help the user to see during dark nights as it can be dangerous to roam around in the darkness. The built-in heat transfer functionality is a new technology in which it can heat up the alloy framing to prevent or defog the lenses caused by condensation. After a long discussion with my group members, we have all come to the conclusion that it is best to sell these glasses at an affordable price, while also maintaining the quality of the glasses. Overall, I think this business assignment serves to help us get ready for real-life situations where we must use our wits to our advantage by coming up with ideas that we can benefit from.

Our last and final major assignment was a group project which we had to manage on our own as a group without the direct help from our lecturer. While we had quite a lot of time to prepare for this assignment, it has proved to be the most challenging task yet. I was assigned to run this project with Heong Yi Qing as director, me as deputy director, Marnisha Mustafa as public relation, Chong Kah Wei as treasurer, Nabil Izzudin as secretary, and the rest which include Nik Syahdina, Yen Thong, Keshiniy Mogan, and Nur Fatin Iwanina as committee members. As stated, each of the group members were assigned to a role to further balance the workload that has to be done by each member. Truthfully, each member has done an amazing job in fulfilling their duties and as a result of that, our project ran smoothly. Our group project was titled “UTM YAC: Youth Against Climate Crisis” which aims to raise awareness in the rising issue of climate change which has not been discussed in depth in recent years. We started our project by having the secretary write our proposal to be approved by our lecturer. While we did not face any major issues, we have run into several problems with the proposal, causing us to change the proposal multiple times. In the end, the lecturer approved our request to run this project and we proceeded to create a social media platform to promote our project. The Covid-19 pandemic has caused us to change our ways of running the programme, and we relied on an online talk to execute this programme. UTM YAC: Youth Against Climate Crisis was in collaboration with Klima Action Malaysia (KAMY) and one of their associates from the R&D

Department, Aroe Ajoeni, was happy to become a speaker and an activist in our online talk. Aroe Ajoeni was also accompanied by Amna Batrisya, who was a social media activist. To further help the cause of climate change, we also started a fundraising campaign that goes straight towards KAMY. On the days leading towards the online talk, the committee members who were assigned to promote the talk in our social media platforms did an excellent job in gaining the attention of students all around the university scene. On 16th January 2021, our online talk was held on Google Meet and streamed to Facebook. I was assigned to respond to the feedback given by the viewers on Facebook while Marnisha Mustafa did an excellent job behind the scenes, keeping the stream going while also making sure everything was running smoothly. The moderator, Nabil Izzudin and the two speakers, Aroe Ajoeni and Amna Batrisya, were very helpful in giving insight towards climate change. Our talk was received very well by the viewers and many of them stayed throughout our talk to hear the viewpoints of each speaker regarding this issue. This group project has taught me a lot in terms of being a leader since I was assigned to become a deputy director. Me and Heong Yi Qing have contributed a fair bit by making sure the progress of the project was smooth. Although we did run into some issues involving the proposal as well as the last-minute changes of the talk to Google Meet, we did not run into major issues. Hopefully this task serves to be useful to the other group members as it did to me.

To put UHMT 1012 Graduate Success Attributes into perspective, I believe that this course serves to be one the most useful courses in this semester, due to the fact it teaches us how to behave and how to work under pressure. This fact alone makes me believe that this course, taught by our lecturer, Dr. Marlina Ali, will teach us the fundamental skills required to effectively function as a responsible employee and also individual in real life. To be conclusive, I hope that Dr Marlina Ali will continue to educate students on how to become better individuals in terms of soft skills, hard skills, writing capabilities, leadership skills as well as increasing their overall self-confidence in doing individual work or group work.

(2260 words)