The Social Impact of Covid-19

By Group 5

Social isolation vulnerability towards elderlies

We have long known that loneliness and social isolation cause people significant emotional pain and can have a negative impact on their health and wellbeing. But now, with COVID-19, we are being told to socially distance.

Older people are at greater risk of the complications associated with COVID-19 and as a result, they are being asked to socially isolate.

However, this brings with it a number of challenges that impact older people's wellbeing. We have to focus on supporting the wellbeing of older people by ensuring they: meet their basic needs, stay socially connected, and stay physically active.

Changes in Community Behaviors

The uncertainty, confusion, and emergencies caused by the Coronavirus can be stressors for many people. The uncertainty in knowing when the plague will end has made many groups of people confused about their fate. A life that goes on as usual without a livelihood makes it difficult for them to make ends meet. The existence of the virus that threatens everyone has the opportunity to become a stressor for most people, and the impact can be as severe as the impact if infected with the Coronavirus itself (Taylor, 2019).

Social Restriction, Employment, and Business Struggles

Social distancing, stay-at-home restrictions, border closures, and business closures mandated by the government to contain the COVID-19 virus have significantly reduced the adverse health impacts we have seen around the world but at the same time have created widespread economic shocks. This shock has resulted in disproportionate disruption to youth employment and outlines how younger people will be more likely to face deeper impacts in their employment with consequent social impacts in years to come.

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STAY AT HOME



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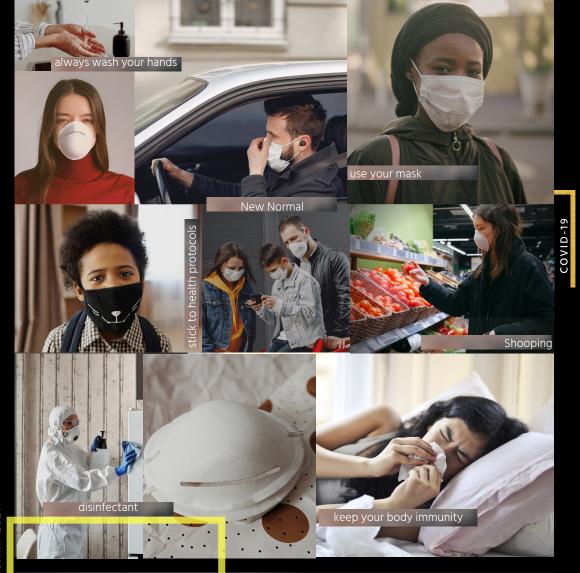
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"The key to overcome crisis is patience, courage, self-discipline, adaptation and alertness."

- Amit Ray



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