



**UTM**  
**UNIVERSITI TEKNOLOGI MALAYSIA**

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**UKQE 3001**

**EXTRA – CURRICULAR EXPERIENTIAL LEARNING**

**SECTION 11**

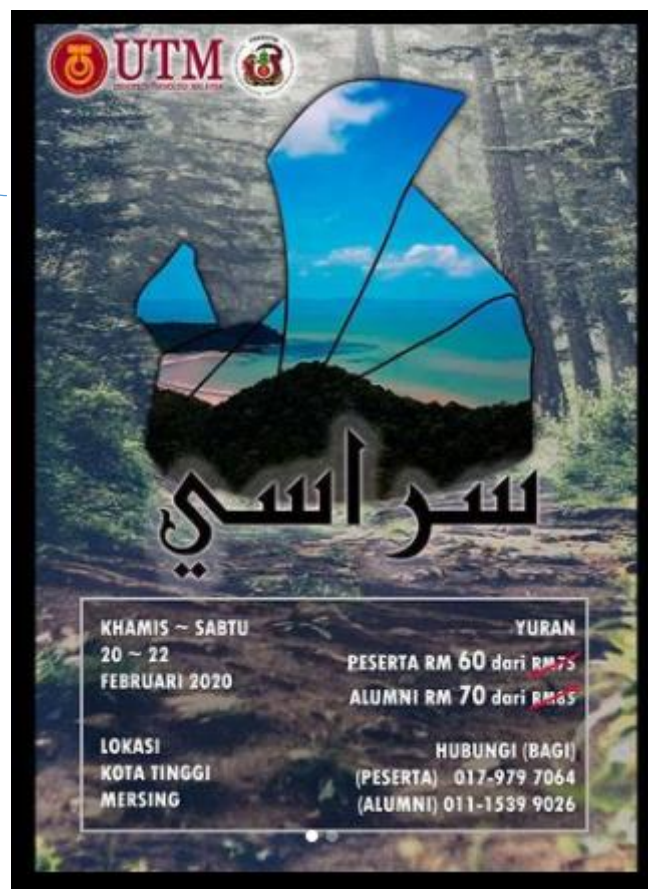
**REFLECTION**

**“SERASI - RAPAT SATRIA & JEJAK SEGAYUNG”**

**NUR NABILAH BINTI MD KHIR**

**A18KE0234**

COMMUNICATION SKILL  
LEADERSHIP AND TEAMWORK  
EXPERIENCE WORK UNDER PRESSEURE



SHARING SESSION AND SOFT SKILL  
TEAM BUILDING GAMES  
ADAPTIBILITY ON NEW SITUATION

## **Reflection of SERASI - Rapat Satria & Jejak Segayung**

Serasi is a program for create bond among unity member of Persatuan Seni Silat Gayung UTM (PSSGUTM). This program was directed by me, Nur Nabilah who is a member of PSSGUTM and conducted by PSSGUTM itself. It is held on 20 February 2020 at Gunung Arong, Mersing, Johor. Besides, this program also to increase the stamina for the member by doing some activities such as hiking. It started after we gathered at Kolej Rahman Putra, we slept there. In the next morning, all of the member were riding bus to Mersing. There was a heavy rain, we thought we have to extend the time but luckily after we arrived the rain stop. Then we build our tent to put all the stuff we bring then the hiking started. It was exhausted and a little bit of regret, but the view is so eye catching and in a split second the regret we gone. The mountain is beside the sea, it was very calm and windy. After a lot of time wasted by taking picture, we hiked down and went to the camp site. The way down was so challenging many of us was slipped, also we need to go through some rock and the water. Yes, no matter how you avoid the water, still you will be getting wet.

Unfortunately, after we arrived at the campsite some of the food were taken from the monkey. So we cooked and shared the food, then we get some rest and play a lot. At the time, the sun is getting lowed so we prepared a lot of wood to set a fire in the meantime we were taking shift on prepared our self, get some shower and change cloth. Everyone eat happily, relaxed, played some games, shared some interesting story telling, also a lot of knowledge were shared there and enjoyed the moment while sitting around the firework until every getting into bed. On the last day, we cooked together for breakfast and did some games and some silat exercising. Then we clean up, then get down the tent, packed up and went home.

Not to forget about the before program, our committee was busy prepared all the things that was important such as how many people want to join, how we want to attracts others, how to book a bus, with whom we want to rent a tent, how many tent were needed, what activity should we do, how much fee we should ask for, should we prepare first aid or not and so much more. All this planning was run smoothly, there is some unwanted scene but thankfully we made it to settle the problem. There is so much things I learn in this, how handling different kind of people, how we want to be very perfect but satisfied the others, how we doing every part of the job together and how we made this event works.

This program is my first time experiencing on being a director. I think of putting hiking of one of the experience because I like to hike and it is adventure activity. I believe that it has a lot of moral we can learn from hiking. For example, backing up and giving some supports for those who almost giving up before reach the peak, bring some water not just enough for our own self but for other too in case there is an emergency happen, always care for all and make sure everyone reaches the peak safely. I felt really bad when I found out some of our food was stolen by a group of hungry monkey, it was my mistake for not make sure everyone put their food in the bag safely, it happened because they bring all the food in plastic which is an easy target for the monkey to steal. Next, I really hope it is good to share some skill on building the tent and how to tie a rope, and some other hiking knowledge that I have with the.

Afterwards, why I chose Mersing? It is because half of Mersing surrounded by the sea which make there are lots of beach. Everyone knows that beach is the best place to release our tension and stress since we all were struggling on our test and some of us is a fourth year student who has a lot to deal with, so having some times to relax would be a good idea. From the beginning I want this event to be relax and no pressure, especially the member of committee. Still then, I make sure all committee member where doing their job. I keep on remembering them on what to do, when it should be done, what we must prepared and lot more. I glad everyone was doing their job excellently, some of the mistake were my wrong because I am lack of act, experience and knowledge on this event. I should ask lot more on handling program from our seniors, I can see my activities on this event is so unplanned, it is one of the event's weakness. Finally, I believe that I can give them taste on how exciting to get sleeping in a tent, but instead of being selfish, I should just go with homestay. This is because some of them doesn't like the situation, there is no mosquito but it does a bit uncomfortable. One of the participant getting bite by empoison centipede but still I have to think about their safety. Some other things could happen.

Furthermore, there is some differences if I compare this to my previous other event that I join as a participant. I can see how people react, when they are expecting so much more. Well, when I was a participant I do gives some bad comment on how this program should did something to make it better. I do practice what I was talking about but, something just not so easy especially when it comes to very picky person, so I need more knowledge on this. Besides, on the situation that someone just got bitten at night while sleep, its reminds me of me, before this I also got bitten while I was relaxing on the big rock suddenly there was a sting at my leg, I shout a bit and pulled my leg then I saw I big centipede run hiding. I was very afraid at that time. I thought I would die but the guiders said it was the empoison one. Then they put some medicine cream to the bitten spot. As I experience this, I do the same thing to the kids that got bitten I pull out our first aid then we put it on the area, it was swollen a bit. The kid was trauma as I did before but then we manage on calming her down. At this time first aid was very important that's why we always need it on every event.

How I make this event interesting is I not plan to much activities for them, they can do their own activity such as go get so shower on the beach, play volley ball, gossiping and much more. I put no pressure on them cause I myself does not like the feeling to ask to do so much things. If they were doing nothing much I will ask them to join us playing. We play games like volley ball, 'galah panjang', higher sand castle and I leg run competition. Moreover, it is important for me to make sure everything was perfect on the event no matter before the event, ongoing event, and even after the even. I have to make sure everything was enough and still in the good condition. This is because it is my responsibility, I have seen this before in every event, if something bad happen on the transport and food or missing any of stuff that we were rent, it is always the director to be blame. On the other side, I also invited some of hikers to join us, as they are professional of their profession. They guide us and show some trick on hiking, building the tent even on making firework.

I aspect everyone will happy enjoying the program, but it is myself who feels that actually not everyone is having their time because uncomfortable. Maybe this is because not everyone familiar and comfortable staying out late night in the woods surrounded by creature who knows what, with sound of insects and sound of waves slapping the sand. However, I know some of them enjoyed the smooth not so cold wind, with the gorgeous stars up high above our head filling the sky play with the calming sound by the beach. As someone had said we can never have satisfied everyone but, we can always do our best on it. Even a little that do enjoy, it still counted. From a different perspective, it is from my friend Ahmad, he is one of the participant. He said it is a very fun program he enjoys it very much. He learns a lot of things on hiking and it makes him want to be a hiker. Meanwhile, another participant who is Aiwa said, the fee is not reasonable because all they got is an uncomfortable tent with not enough food. The activities are so boring like there is no goals we aim for on this event.

For the most significant aspect, I also ask all the member of committee about overall program. They were okay because this is a simple event with a lot of free time, so there is not so much pressure was given. Everyone doing their job calmly. In some cases, they also mention about the night, that maybe we should just rent a homestay. It is more secure and comfortable after having a day. Moreover, a lot of new things they were learn about how we can still cook a delicious food even in the woods. They said I have to learn lot more, because I lack of understand people needs, people pleasure. Since it is the first time PSSGUTM join hiking so some of them may feel a little awkward.

From all the experience I had on this program, I now realise I need to prepare myself first physically and mentally. The thing that I want to improve is how I care about other needs. I will consider every aspect before deciding what to do. I will ask lots of opinion from seniors, friends and also committee member on the idea. Also not to forget to seek knowledge who already experience with events. I have learned that to be nice on giving people too many free time until they can get bored. It is making me decide to fill our program with activities. As the next step, I need to improve myself because there is a lot of thing that I have to consider to make a program success. So that we can achieve our goal on this event which to creates bonds and it can attract many more student to join our society PSSGUTM.













