



*Have yummy,
healthy and
fresh food
guidance from
here*

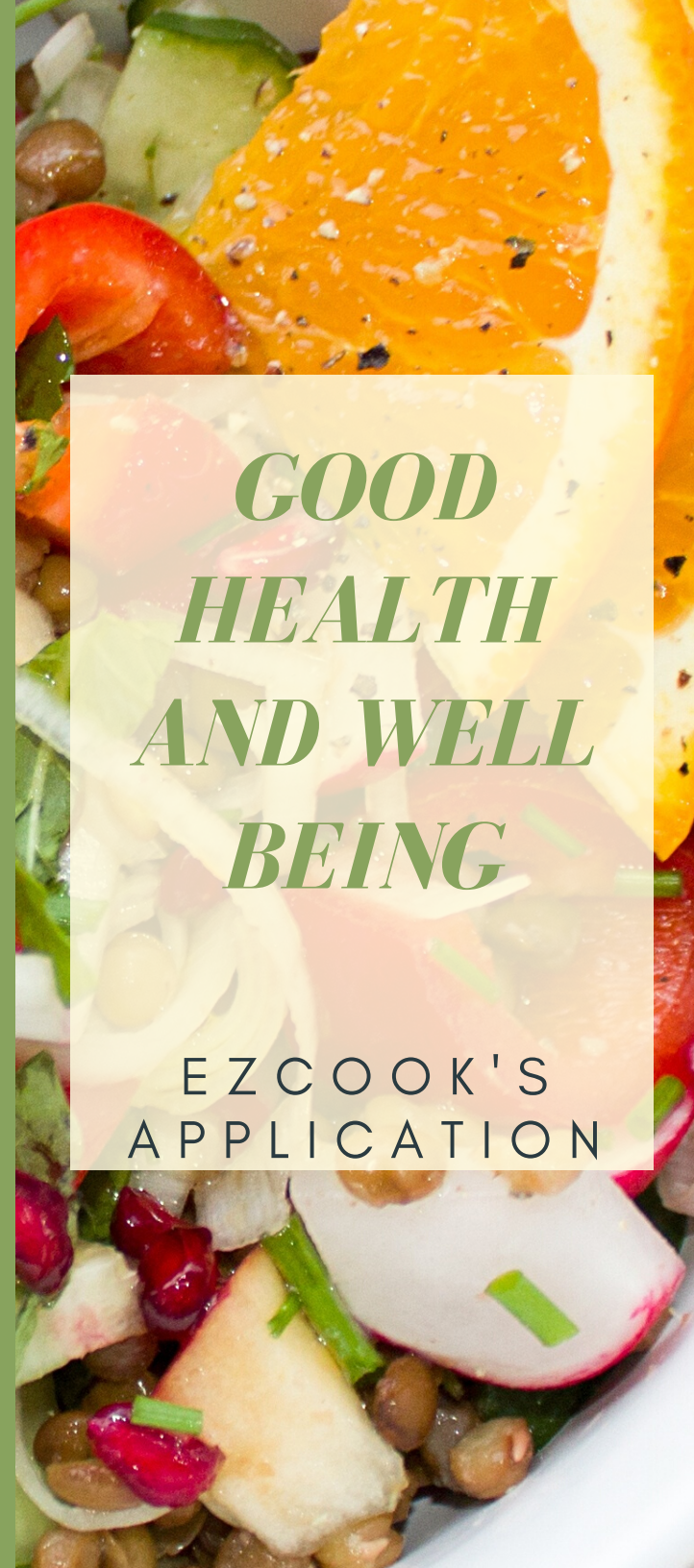
*Let's download
our apps now!*

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***GOOD
HEALTH
AND WELL
BEING***

**EZCOOK'S
APPLICATION**



Simple Ways to Start Clean Eating Today

FEEDBACK :

- Reduce weight
- Reduce cholestrol
- Boost energy
- Strengthen
immune



Our Selection

Breakfast Choices

When listing all best choices menu to boost energy the whole day.

Example : Cereal, Sandwich, Pancakes, Avocado Choc Milk

Lunch Choices

This apps allows users to prepare lunch food that easy to bring to school, works and etc...

Example : Salad, Roasted Chicken, Mixed Berries

Dinner Choices

Suggest the mouth-watering menu in a simple way to cook .
Users can be prepared their dinner more easy.

Example : Porridge, Grilled Salmon, Chicken Steak with Brown Rice