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Kurta- The Traditional Indian Wear

Kurta or Punjabi contains one of the oldest and the richest cultures in the world which is exhibited in every possible way. It is enveloped with bright colors and high-spirited people that can be best expressed through their traditional garbs. Kurta is the Bengali Panjabi Kurta, which makes use of the famous indigenous Kantha embroidery of West Bengal

and Bangladesh. These kurtas are rich in design and can be worn with jeans. Panjabi or kurta is a long loose shirt, the length of which falls below or may be just above the knees of the wearer. In early times, it was primarily worn by men, but today, it has become a unisex dress that both men and women can wear. Depending on one's personal preference, the Kurta can be teamed with a Pajama as well as a loose fit salwar. In the contemporary times, many youngsters don kurta along with a funky pair of jeans. It is a very flexible dress that can be worn on formal as well as informal occasions. Many even wear them at work. Most Indian men prefer wearing kurta pajama during the night and it is due to its extreme comfort that it has become a popular choice amongst the other nightwear available.



Traditional Panjabi-Pajama is quite popular amongst the youngsters, who prefer wearing them in their informal social gatherings, with the basic idea of maintaining a distinctive style of their own. An interesting thing about the Panjabi is that its sleeves do not narrow down (as in the case of most of the sleeves designed in the western style) and fall straight to the wrist. A Kurta does not have cuffed sleeves and its side seams are left open for the easy movement of the wearer. The traditional Kurtas do not have any collar and their

openings are usually centered on the chest. However, the modern Kurtas have undergone a major transformation and have stand up collars such as the Nehru collar.

During the summer season, Kurtas made up of light silk and cotton are in great demand, while during winters, people usually look for heavy fabrics such as wool, Khadi silk or may be handspun. Buttons used in the designing are mostly wooden or plastic. Kurtas are good for comfortable dressing and are great for both formal and casual occasions. They are undoubtedly classy and elegant, which is why they never go out of fashion.