



## FINAL YEAR PROJECT

# TEXT CLASSIFICATION FOR MAJOR DEPRESSIVE DISORDER (MDD) SYMPTOMS AND TREATMENTS USING CONVOLUTIONAL NEURAL NETWORKS (CNN)

Presentation Video: [https://youtu.be/\\_m0fpqcqCHpA](https://youtu.be/_m0fpqcqCHpA)  
Demo Video: <https://youtu.be/fSKt0vFLNkw>

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# CHAPTER 1

# INTRODUCTION

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# INTRODUCTION



## **Major Depressive Disorder (MDD)**

- commonly known as depression.
- root cause still unknown.
- earlier diagnosis and treatment for MDD can be challenging.

## **Text Classification**

- a type of natural language processing (NLP).
- helps to assign tags or labels to the textual contents.

## **Convolutional Neural Networks (CNN)**

- a type of deep learning method that shows significant results in the text classification.

# PROBLEM BACKGROUND

Early detection of symptoms of MDD and seeking treatment is **critical** for anyone who suspects they have this disorder.

MDD treatments are **ineffective** because they require different types of medication, time, planning and are specific to each patient.

**Symptomatology** is the only method available for pre-diagnosis.



Recent studies have shown the **potential of text classification** applying natural language processing methods to identify depressive symptoms but in using **social media text data**.

**Potential** to develop a text classification model for MDD symptoms and treatments using CNN based on medical journal datasets.

# PROBLEM STATEMENT

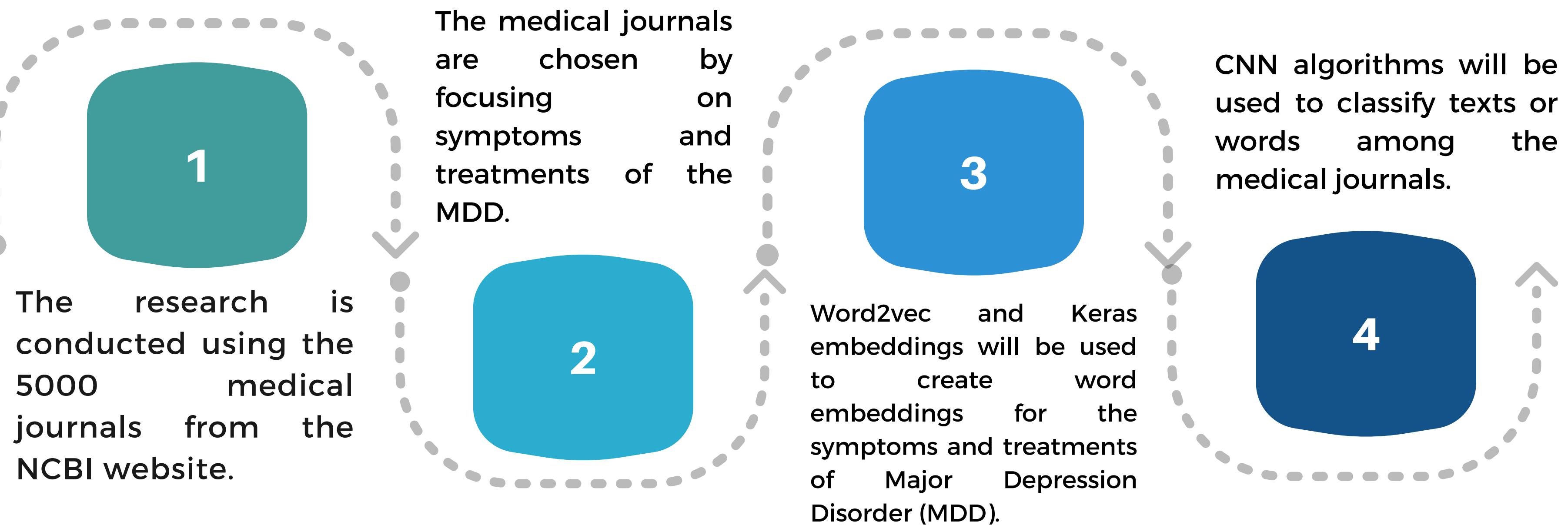
- MDD is a critical mental disorder that is difficult to diagnose and treat due to its multifactorial nature.
- Identifying MDD symptoms is difficult due to the lack of biological markers.
- Treatment is also unique for each individual, and it takes time and preparation.
- In order to pre-diagnose Major Depressive Disorder (MDD) based on symptoms, an effective and efficient method should be used.
- Seeks to create a text classification model for Major Depressive Disorder (MDD) symptoms and treatments based on text data from medical journals using Convolutional Neural Networks (CNN).



# RESEARCH OBJECTIVES

Goal	Objectives
<ul style="list-style-type: none"><li>• To develop a classification model for the symptoms and treatments of the Major Depressive Disorder (MDD) using the Convolutional Neural Networks (CNN) based on the text documents in the medical journals.</li></ul>	<ul style="list-style-type: none"><li>• To identify the related features for Major Depression Disorder (MDD) symptoms and treatments in the medical journals.</li><li>• To perform the text classification method for collection of Major Depression Disorder (MDD) symptoms and treatments using Convolutional Neural Networks (CNN) algorithms.</li><li>• To evaluate the performance of the machine learning methodologies, Convolutional Neural Networks (CNN) in order to identify the Major Depressive Disorder (MDD) symptoms and treatments.</li></ul>

# RESEARCH SCOPE



# CHAPTER 2

# LITERATURE REVIEW

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gestes. C'est pour cette raison que je travaille la depuis la campagne automne-hiver 1992-93. C'est l'époque où mes créations ont commencé à se démarquer, en se distinguant d'un nouveau concept de vêtement. Chaque collection qui sort en effet présente un nouveau concept de vêtement.

1992-93

Depuis leur première rencontre à la fin des années 1970, Lindbergh a également noué des liens étroits avec des créateurs comme le Tunisien Azzedine Alaïa, pour avoir habillé des légendes du cinéma comme Greta Garbo et Arletty, mais surtout pour Aïala entre chez Dior au moment où le tout jeune Yves Saint Laurent en est le directeur de la mode, mais et congédia à peine cinq jours plus tard car la guerre d'Algérie prend de l'ampleur. Il travaille ensuite deux saisons chez Guy Laroche et collabore avec son ami Thierry Mugler. Connus pour son indépendance envers le cercle parisien de la mode, Alaïa et ses collections dans son atelier de la rue de Moussy dans le Marais en dehors de la rue de la semaine de la mode. Présentée à Lindbergh par Alaïa à la fin des années 1980, Tina Turner voit l'inspiration de l'artiste allemand un cauchemar de simples et quand les stylistes arrivent avec les bras chargés de bijoux et de haute couture, il leur demande toujours s'ils ont aussi pensé à prendre une chemise blanche et un pantalon. Lindbergh photographie cette légende de la scène de multiples occasions pour des articles et des pochettes d'albums, et réalisera son clip Missing You.

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# SUMMARY OF RELATED WORK

## Multi Label Text Classification Using Deep Learning Approaches

- Mohammed et al. (2020) reported that a CNN model ranked second in classifying toxic comment levels and was able to achieve more than 80.00% precision, recall, and F1-score.
- Elnagar et al. (2022) found that CNN had the highest accuracy with a confidence greater than 50%, contributing to 70.34% of the overall performance among the deep learning models.
- Wang et al. (2021) demonstrated that a CNN algorithm achieved more than 50.00% accuracy and a 70.00% macro-F1 score.

## Text Classification MDD Symptoms

- Kim et al. (2022) reported that a CNN was able to achieve more than 75.00% accuracy using both sentence classifiers (PHQ-9 and Yes-No classifier).
- CNN model achieved more than 90.00% performance in detecting depression using a Twitter dataset (Amanant et al., 2022; Kour and Gupta, 2022).

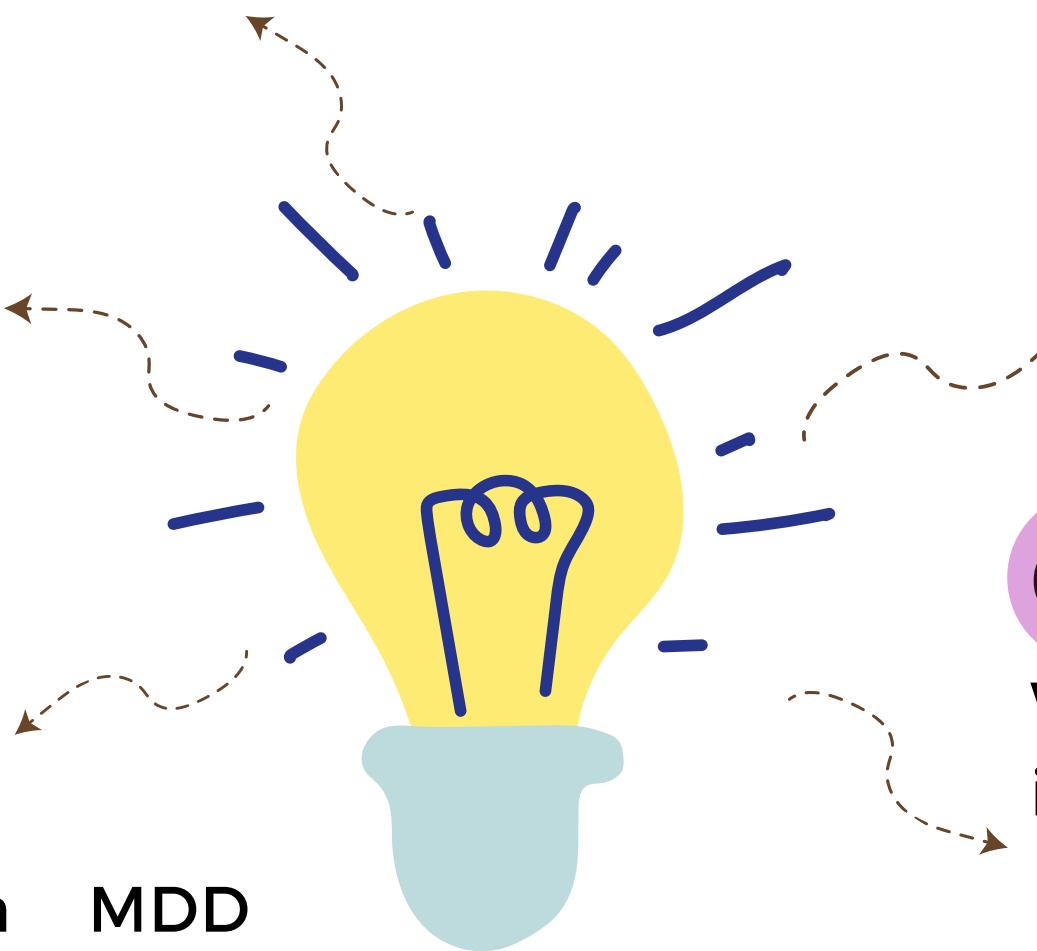
## Identifying MDD Treatments

- Wang et al. (2019): Identified MDD symptoms and predicted treatment response to discover potential development of antidepressant treatments using biological data.
- Watts et al. (2022): Predicted treatment response for MDD using electronic databases and various machine learning approaches.

# DISCUSSION

01

Text classification research on MDD symptoms mostly using social media text datasets.



02

Exists of research in text classification on MDD symptoms but without its treatments.

03

Exists of research in identifying MDD treatments using medical journals datasets.

04

Text classification using CNN algorithm is able to obtain good results. It is able to obtained a range of accuracy from 70.00% to 80.00%

05

Why not combine the recent research ideas?

**Conclusion:** Research on text classification for MDD symptoms and treatments using CNN algorithms is able to be conducted.

# CHAPTER 3

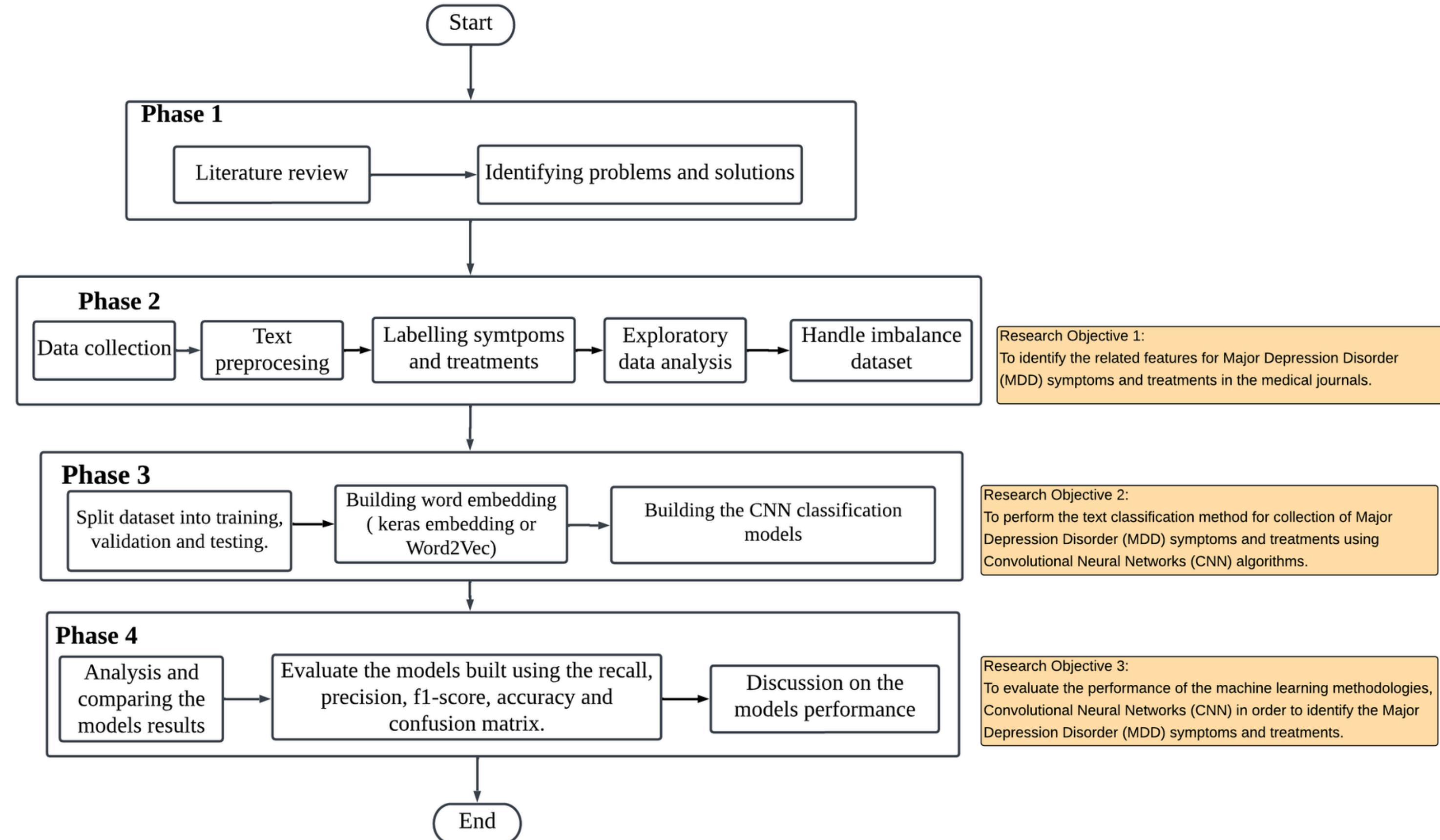
# RESEARCH

# METHODOLOGY

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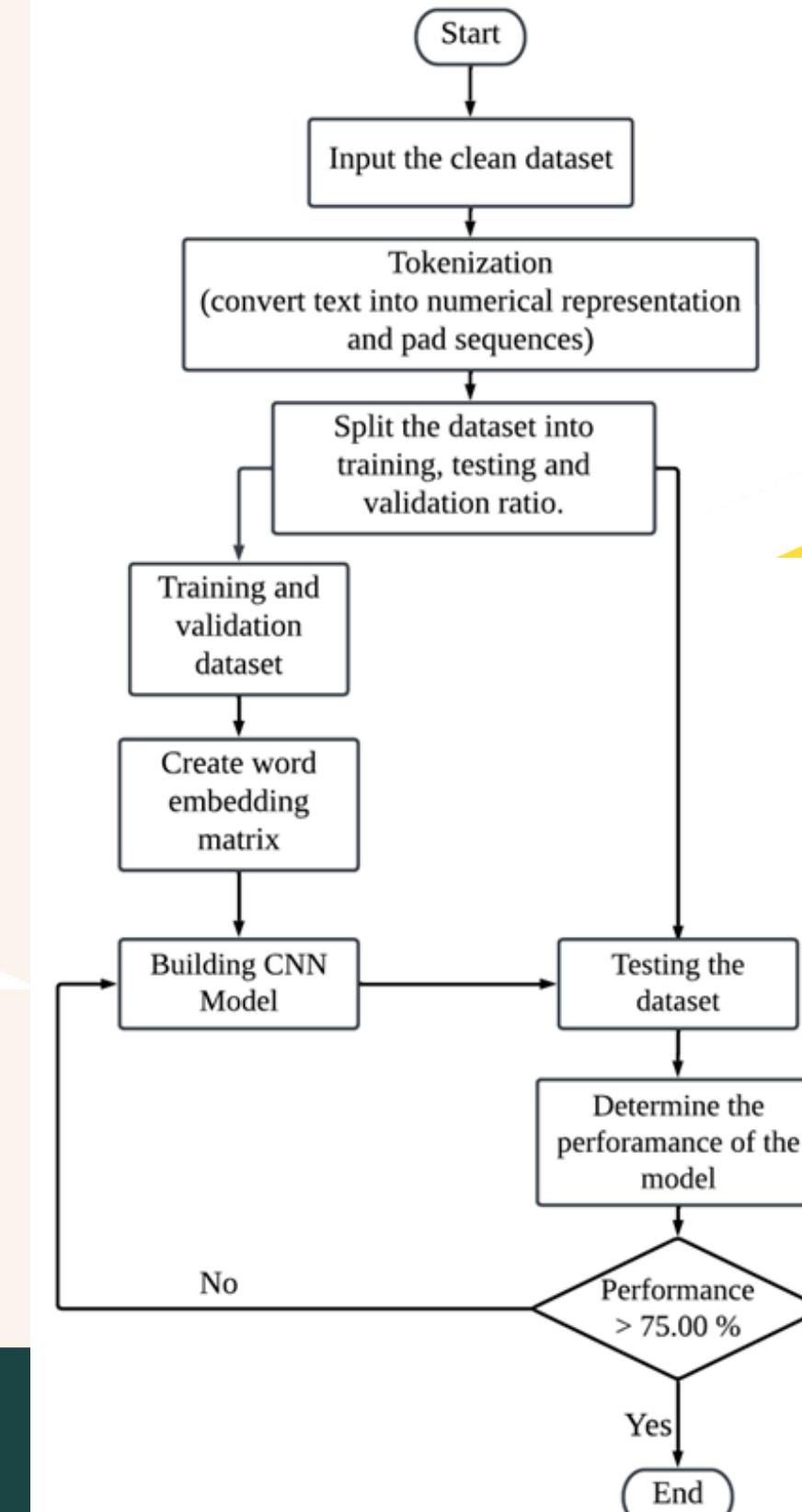
# FLOW OF RESEARCH FRAMEWORK



# FLOW OF CNN MODEL BUILDING

3 CNN Model will be built:

- Benchmark CNN Model
- Proposed CNN Model
- Proposed CNN Model + Word2Vec



There are 3 sets:

- Set 1:
  - 80% Training
  - 10% Testing
  - 10% Validation
- Set 2:
  - 70% Training
  - 15% Testing
  - 15% Validation
- Set 3:
  - 60% Training
  - 20% Testing
  - 20% Validation

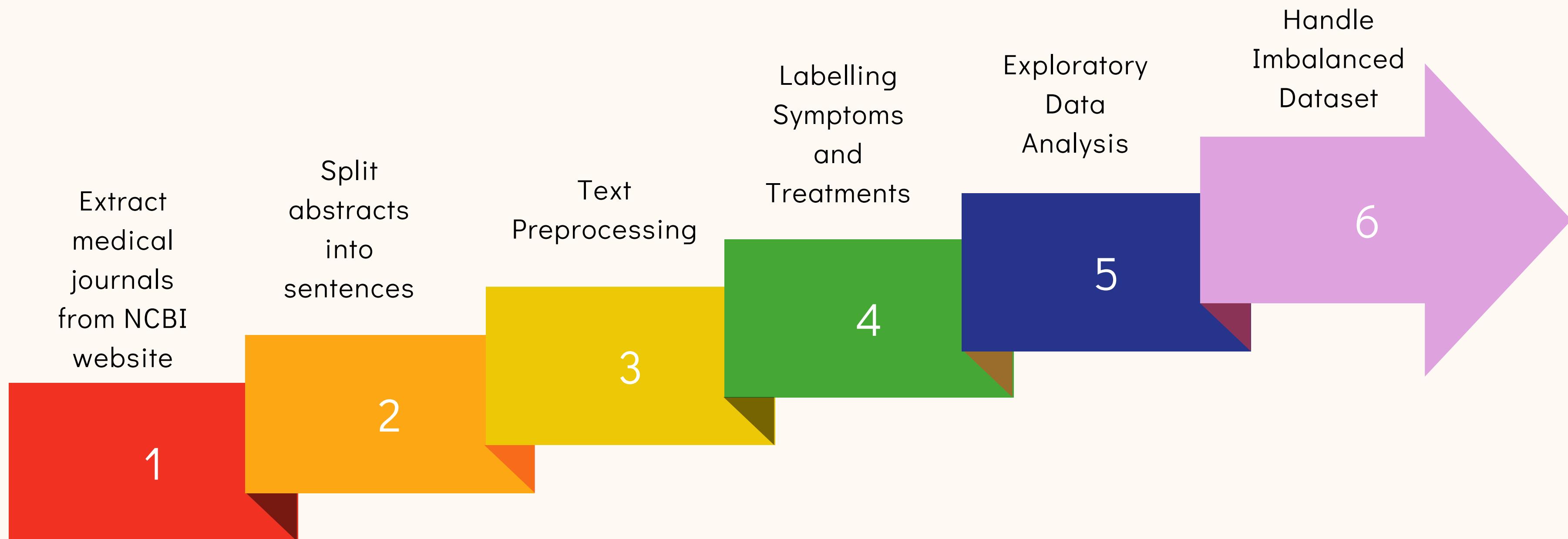
# CHAPTER 4

# RESEARCH DESIGN

# & IMPLEMENTATION



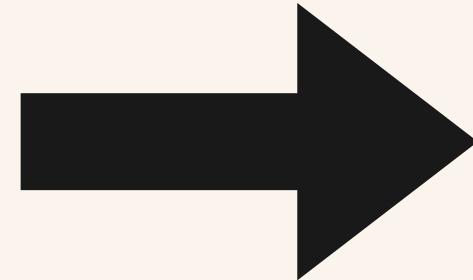
# DATASET PREPARATION



# STAGE 3: TEXT PREPROCESSING

## Text Preprocessing

- Removal of stop words
- Removal of digits
- Removal of punctuation
- Removal of empty row
- Convert text to lowercase
- Tokenization
- Lemmatization



	sentences
0	[StringElement('Postpartum depression (PPD) is...]
1	China is planning to launch PPD screening in c...
2	', attributes={'Label': 'BACKGROUND', 'NlmCate...
3	Video structured diagnostic interviews were pe...
4	Optimal screening was determined based on the ...
5	', attributes={'Label': 'METHODS', 'NlmCategor...
6	Among those screened, the video structured dia...
7	The optimal screening approach involved combin...
8	', attributes={'Label': 'RESULTS', 'NlmCategor...
9	', attributes={'Label': 'LIMITATIONS', 'NlmCat...

  
	sentences
0	stringelementpostpartum depression ppd importa...
1	china planning launch ppd screening community ...
2	attributesslabel background nlmcategory backgro...
3	video structured diagnostic interview performe...
4	optimal screening determined based acceptabili...
5	attributesslabel method nlmcategory method stri...
6	among screened video structured diagnostic int...
7	optimal screening approach involved combining ...
8	attributesslabel result nlmcategory result stri...
9	attributesslabel limitation nlmcategory conclus...

# SUMMARY OF KEYWORDS

Authorised Websites	Official	Symptoms	Treatments
World Health Organization (WHO)		<ul style="list-style-type: none"><li>• poor concentration</li><li>• feelings of excessive guilt or low self-worth</li><li>• hopelessness about the future</li><li>• thoughts about dying or suicide</li><li>• disrupted sleep</li><li>• changes in appetite or weight</li><li>• feeling very tired or low in energy.</li></ul>	<ul style="list-style-type: none"><li>• antidepressants</li><li>• behavioural activation</li><li>• cognitive behavioural therapy</li><li>• interpersonal psychotherapy</li><li>• problem-solving therapy</li><li>• Psychotherapy</li><li>• fluoxetine</li></ul>
VeryWell Health		<ul style="list-style-type: none"><li>• Persistent sadness, anxious, or “empty” mood</li><li>• Feelings of hopelessness, or pessimism</li><li>• Irritability</li><li>• Feelings of guilt, worthlessness, or helplessness</li><li>• Loss of interest or pleasure in hobbies and activities</li><li>• Decreased energy or fatigue</li><li>• Moving or talking more slowly</li><li>• Feeling restless or having trouble sitting still</li><li>• Difficulty concentrating, remembering, or making decisions</li><li>• Difficulty sleeping, early-morning awakening, or oversleeping</li><li>• Appetite and/or weight changes</li><li>• Aches or pains, headaches, cramps, or digestive problems without a clear physical cause and/or that do not ease even with treatment</li><li>• Thoughts of death or suicide, or suicide attempts</li></ul>	<ul style="list-style-type: none"><li>• Persistent sadness, anxious, or “empty” mood</li><li>• Feelings of hopelessness, or pessimism</li><li>• Irritability</li><li>• Feelings of guilt, worthlessness, or helplessness</li><li>• Loss of interest or pleasure in hobbies and activities</li><li>• Serotonin-norepinephrine reuptake inhibitors (SNRIs)</li><li>• Transcranial magnetic stimulation (TMS)</li><li>• Tricyclic antidepressants</li></ul>

# SUMMARY OF KEYWORDS

Authorised Websites	Official	Symptoms	Treatments
Mayo Clinic		<ul style="list-style-type: none"><li>• Loss of interest or pleasure</li><li>• Insomnia</li><li>• Headaches</li><li>• Feelings of guilt, worthlessness</li></ul>	<ul style="list-style-type: none"><li>• Atypical antidepressants</li><li>• Electroconvulsive therapy (ECT)</li><li>• fluoxetine</li><li>• Monoamine oxidase inhibitors (MAOIs)</li><li>• neuromodulation</li><li>• Selective serotonin reuptake inhibitors (SSRIs)</li><li>• Serotonin-norepinephrine reuptake inhibitors (SNRIs)</li><li>• Transcranial magnetic stimulation (TMS)</li><li>• Tricyclic Antidepressants</li></ul>
DSM-5 diagnostic manual		<ul style="list-style-type: none"><li>• depressed mood</li><li>• loss of interest or pleasure;</li><li>• weight loss or gain;</li><li>• insomnia or hypersomnia</li><li>• psychomotor agitation or retardation</li><li>• fatigue</li><li>• feelings of worthlessness or excessive guilt</li><li>• decreased concentration</li><li>• thoughts of death or suicide.</li></ul>	

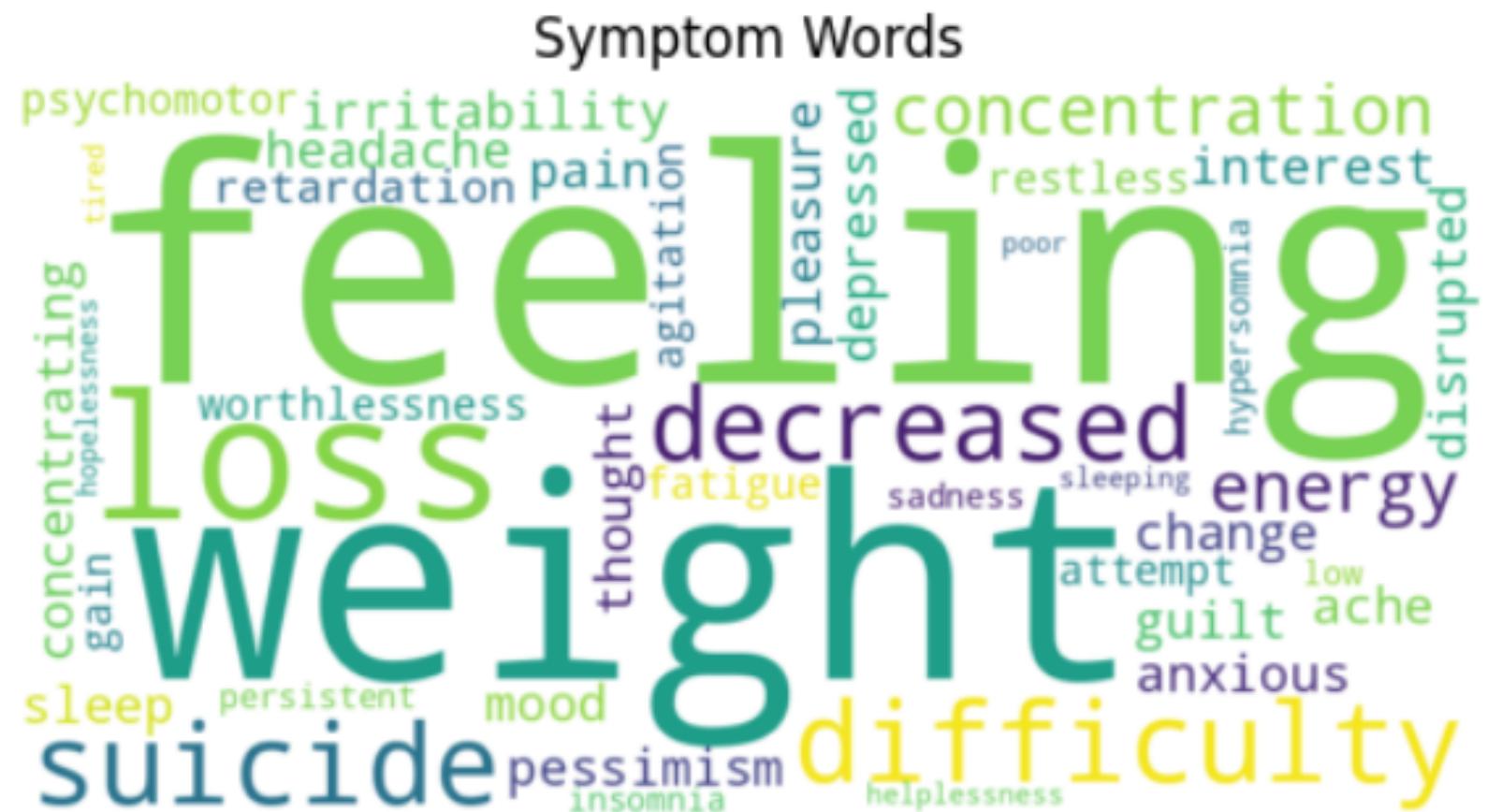
# STAGE 4: LABELLING OF SYMPTOMS AND TREATMENTS

## Labelling Process

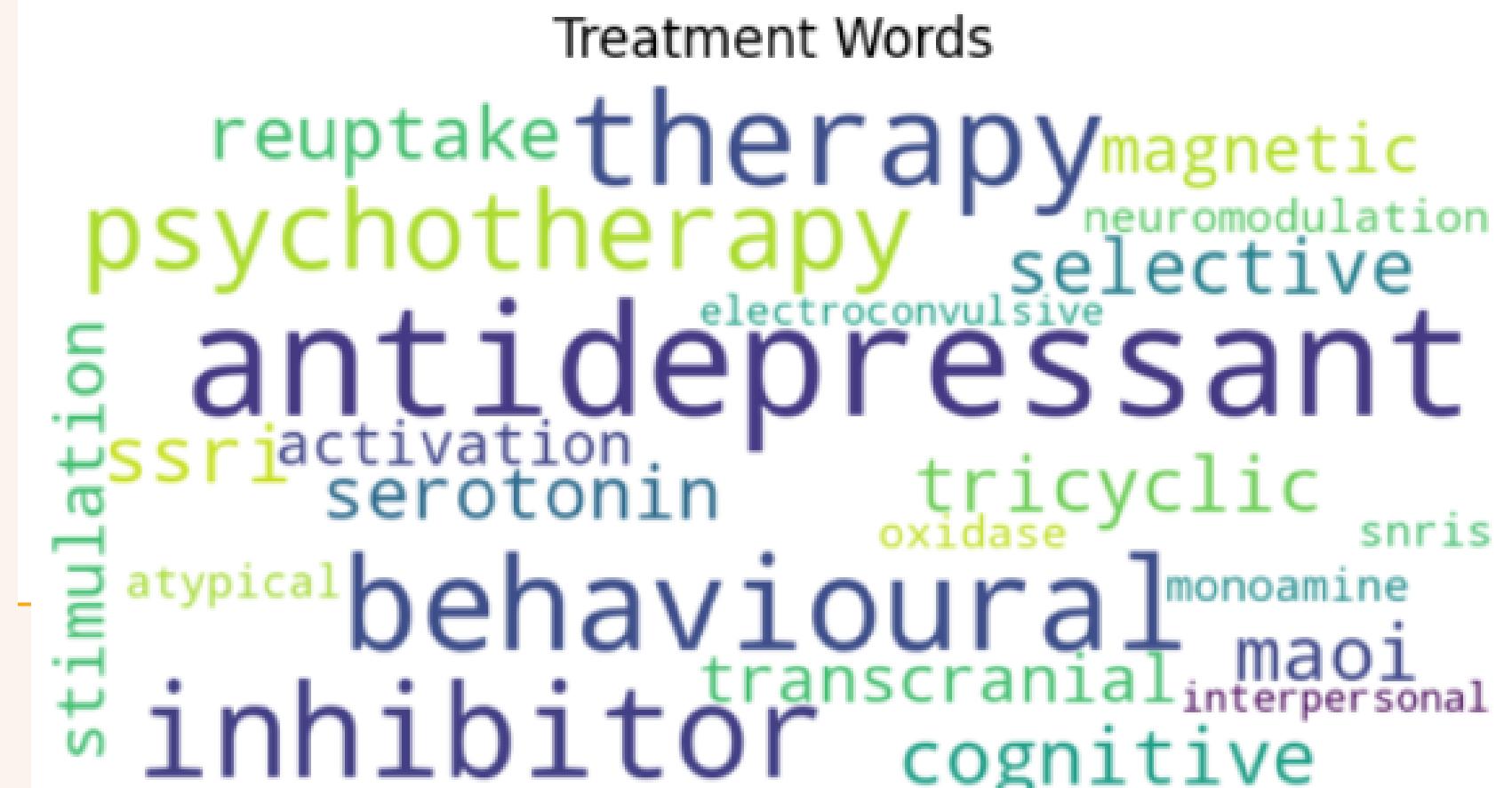
- There are 48 keywords defined for symptoms and 19 keywords for treatments which retrieved from the four authorised websites.
- Keywords will undergo text preprocessing.
- The sentences are labelled based on matching the keywords defined.
- Matching the keywords gram by gram in the sentences by using the ngram in NLTK and loops.
- There are 4 labels:
  - Label '0': represent 'none', no symptoms and treatments found in the sentences.
  - Label '1': represent there is any symptoms word found in the sentences.
  - Label '2': represent there is any treatments word found in the sentences.
  - Label '3': represent 'both' symptoms and treatments word found in the sentences.

# STAGE 5: EXPLORATORY DATA ANALYSIS

# Word Cloud for Symptoms

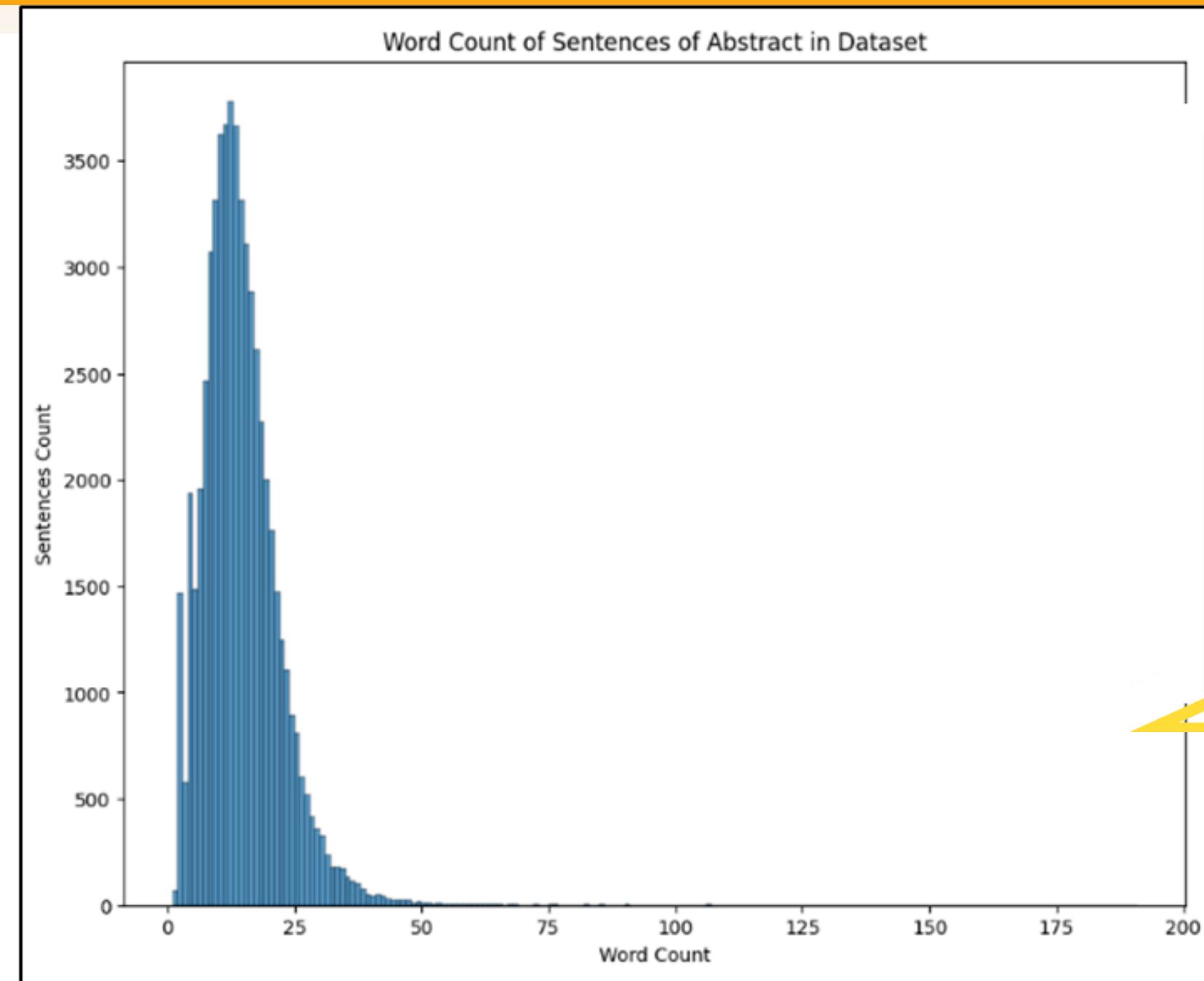


# Word Cloud for treatments



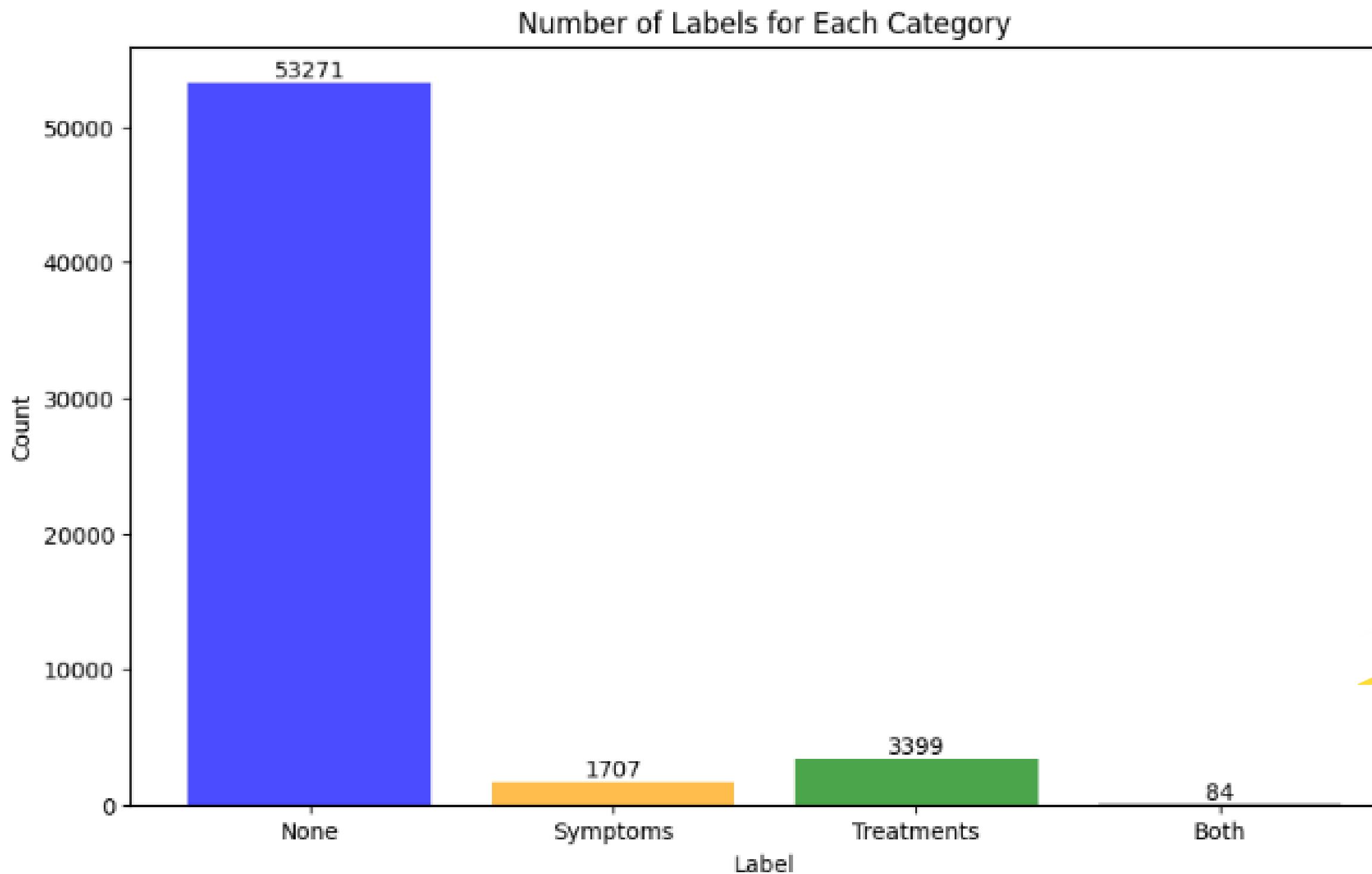
# STAGE 5: EXPLORATORY DATA ANALYSIS

## Word Count of Sentences of Abstract in Dataset



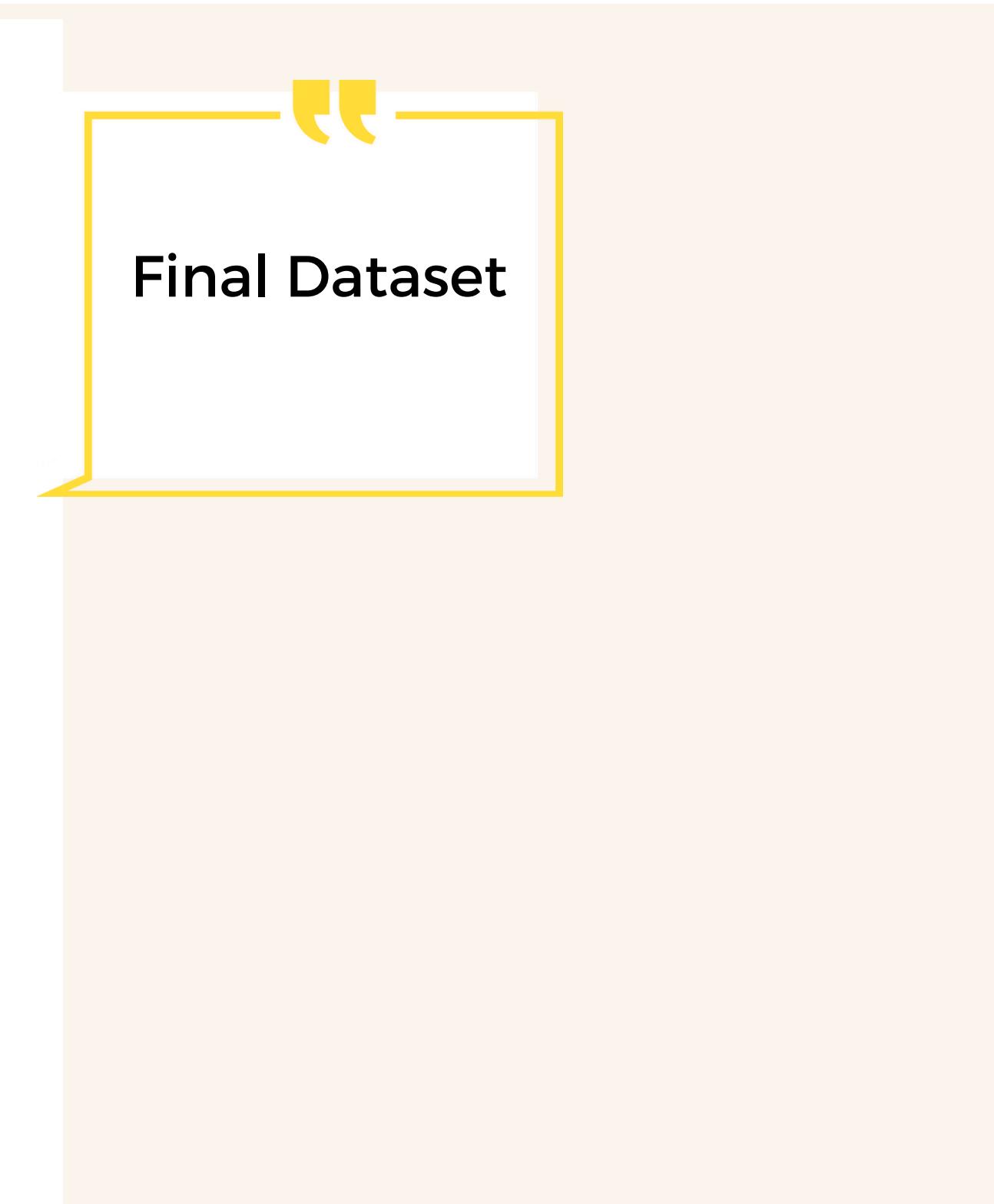
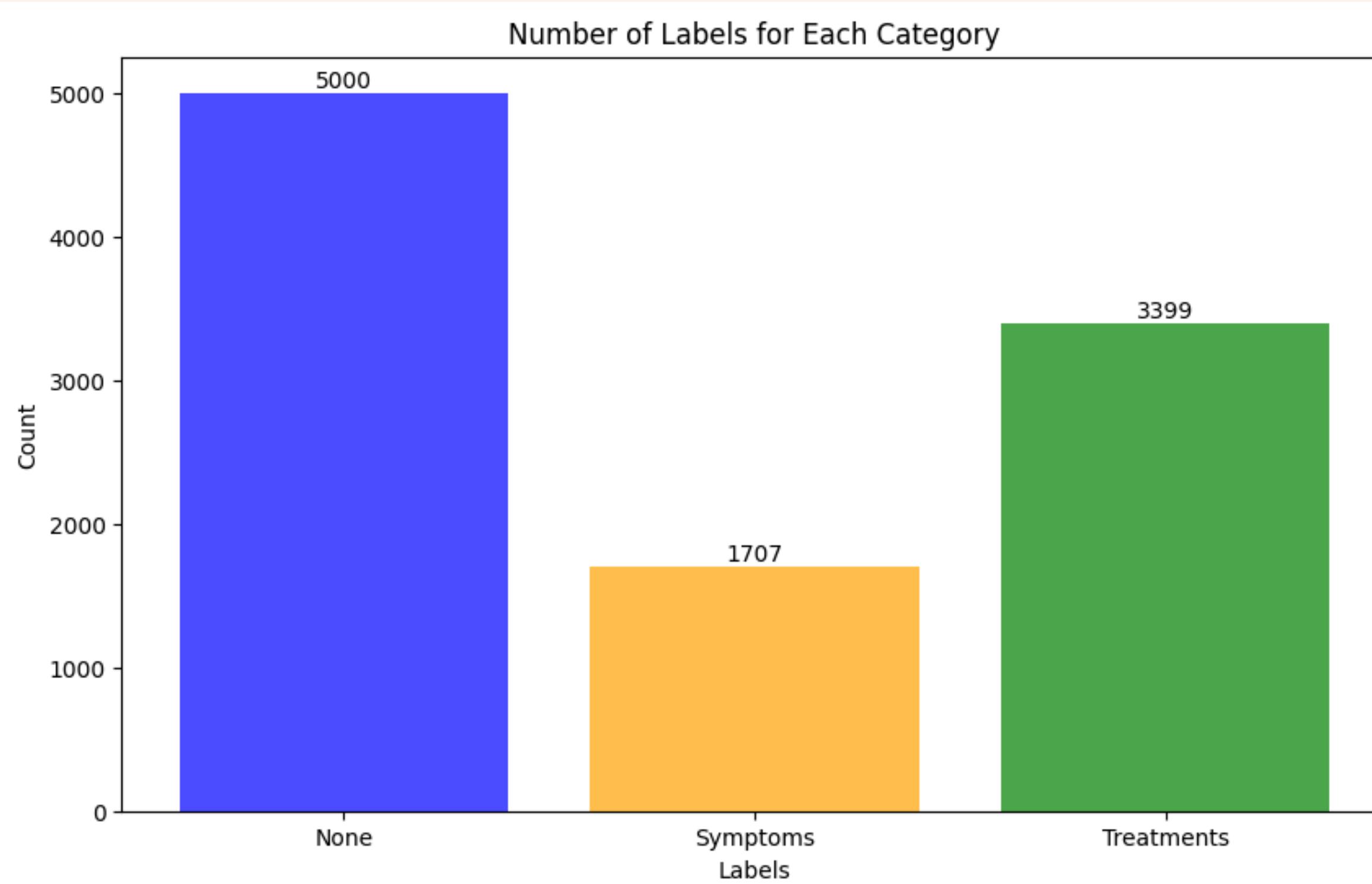
“  
To identify the maximum length of words in the datasets per sentences

# STAGE 5: EXPLORATORY DATA ANALYSIS



- the 'None' category will undergo undersampling (resampling technique) to be reduced to 5000.
- For the 'both' category, it will be removed since the amount of values is too small and it does not have significant impact for the model to achieve the research's objectives.

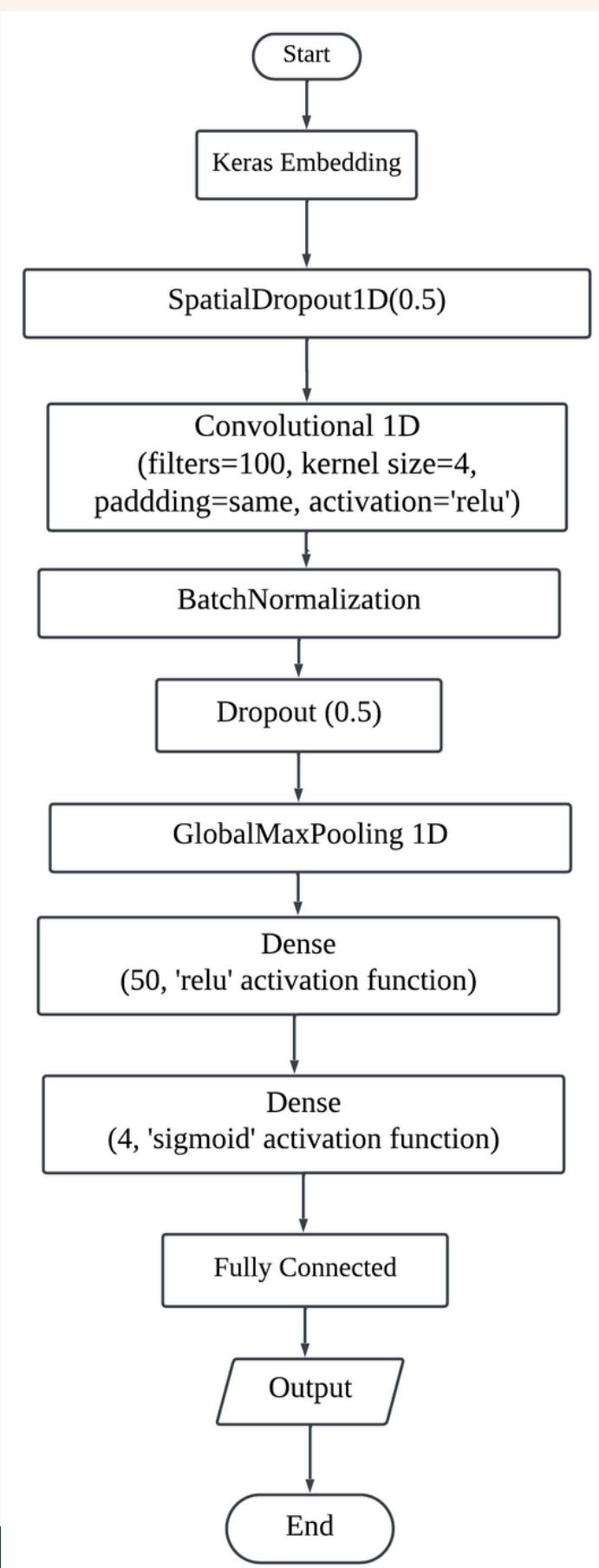
# STAGE 6:HANDLE IMBALANCED DATASET



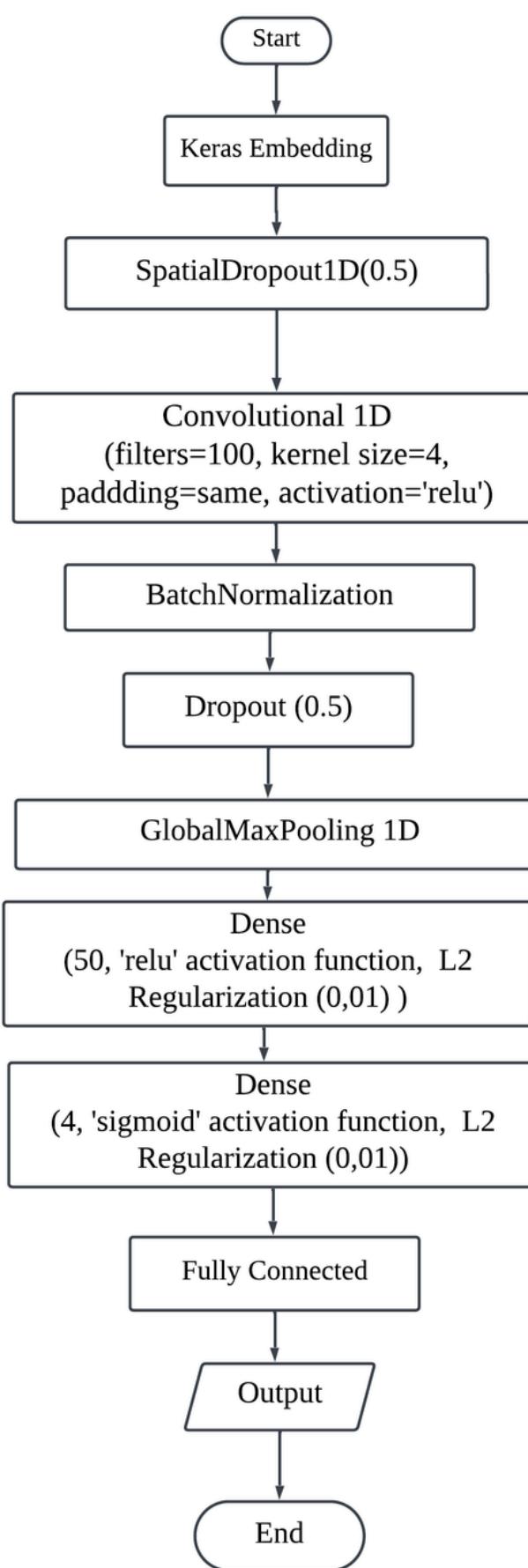
# CNN MODEL BUILDING

	<b>Benchmark CNN Model</b>	<b>Proposed CNN Model</b>	<b>Proposed CNN Model+Word2Vec</b>
Embedding Layer	<ul style="list-style-type: none"><li>• Keras Embedding Layer</li></ul>	<ul style="list-style-type: none"><li>• Keras Embedding Layer</li></ul>	<ul style="list-style-type: none"><li>• Word2vec Embedding Layer</li></ul>
Learning Rate	<ul style="list-style-type: none"><li>• 0.01</li></ul>	<ul style="list-style-type: none"><li>• 0.001</li></ul>	<ul style="list-style-type: none"><li>• 0.001</li></ul>
Regularization Techniques Used	<ul style="list-style-type: none"><li>• Spatial Dropout Layer</li><li>• Dropout layer</li></ul>	<ul style="list-style-type: none"><li>• Spatial Dropout Layer</li><li>• Dropout layer</li><li>• L2 Regularization</li></ul>	<ul style="list-style-type: none"><li>• Spatial Dropout Layer</li><li>• Dropout layer</li><li>• L2 Regularization</li></ul>
Activation Function	<ul style="list-style-type: none"><li>• ReLU (Rectified Linear Unit)</li><li>• Sigmoid</li></ul>		
Loss Function	<ul style="list-style-type: none"><li>• Sparse Categorical Cross Entropy</li></ul>		

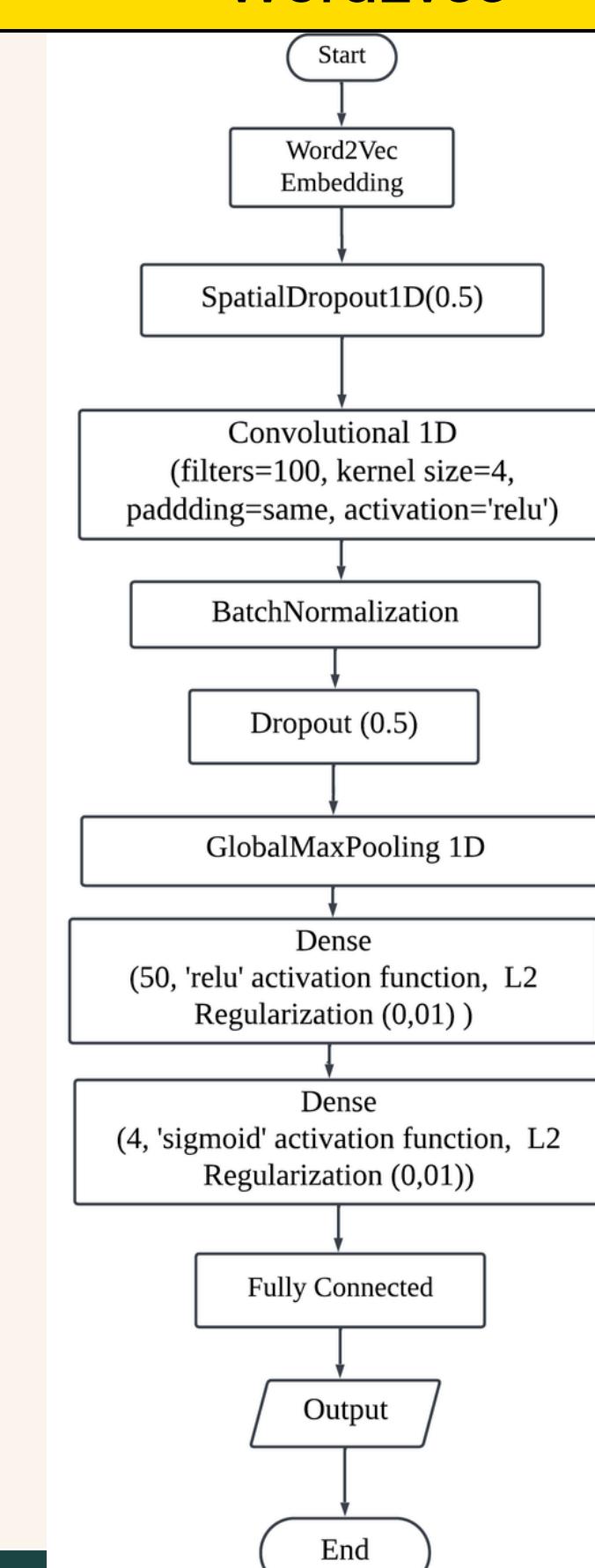
## Benchmark CNN Model



## Proposed CNN Model



## Proposed CNN Model + Word2vec



# CHAPTER 5

# RESULTS ANALYSIS

# AND DISCUSSION

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# DATASET SPLITTING RATIO RESULTS

Models	Accuracy, None (Precision, Recall, F1-Score), Symptoms (Precision, Recall, F1-Score) & Treatments (Precision, Recall, F1-Score)		
	Set 1	Set 2	Set 3
Benchmark	<ul style="list-style-type: none"><li>• 0.91</li></ul>	<ul style="list-style-type: none"><li>• 0.93</li></ul>	<ul style="list-style-type: none"><li>• 0.88</li></ul>
CNN Model	<ul style="list-style-type: none"><li>• (0.87, 0.98, 0.92)</li><li>• (0.97, 0.56, 0.71)</li><li>• (0.97, 0.96, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• (0.88, 0.99, 0.93)</li><li>• (0.98, 0.65, 0.78)</li><li>• (1.00, 0.95, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• (0.87, 0.91, 0.89)</li><li>• (0.74, 0.65, 0.69)</li><li>• (0.97, 0.96, 0.96)</li></ul>
Proposed CNN Model	<ul style="list-style-type: none"><li>• 0.92</li><li>• (0.88, 0.97, 0.92)</li><li>• (0.91, 0.63, 0.74)</li><li>• (0.98, 0.96, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• 0.92</li><li>• (0.89, 0.96, 0.92)</li><li>• (0.93, 0.67, 0.78)</li><li>• (0.96, 0.97, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• 0.91</li><li>• (0.88, 0.95, 0.92)</li><li>• (0.89, 0.68, 0.77)</li><li>• (0.97, 0.96, 0.96)</li></ul>
Proposed CNN Model + Word2Vec	<ul style="list-style-type: none"><li>• 0.92</li><li>• (0.88, 0.98, 0.92)</li><li>• (0.93, 0.61, 0.74)</li><li>• (0.98, 0.96, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• 0.92</li><li>• (0.88, 0.97, 0.93)</li><li>• (0.94, 0.66, 0.77)</li><li>• (0.98, 0.97, 0.97)</li></ul>	<ul style="list-style-type: none"><li>• 0.92</li><li>• (0.88, 0.97, 0.92)</li><li>• (0.95, 0.66, 0.78)</li><li>• (0.97, 0.96, 0.96)</li></ul>

# COMPARISON BETWEEN DATASET SPLITTING RATIO RESULTS

## Models

### Comparison between Set 1, Set 2 and Set 3

Benchmark CNN Model

- Set 2 has the highest accuracy (0.93), followed by set 1 (0.91) and set 3 (0.88).
- Set 2 has the highest F1-score (0.78) for symptoms label.
- Set 1 and Set 2 has the highest F1-score (0.97) for treatments label.

Proposed CNN Model

- Set 1 and Set 2 has the highest accuracy (0.92).
- Set 2 has the highest precision (0.93) & F1-score (0.78) for symptoms label.
- Set 1 and Set 2 has the highest F1-score (0.97) for treatments label.

Proposed CNN Model +  
Word2Vec

- All sets have accuracy of 0.92.
- Set 3 has the highest precision (0.95) & F1-score (0.78) for symptoms label.
- Set 1 and Set 2 has the highest F1-score (0.97) for treatments label.
- Set 2 has the highest recall (0.97) for treatments label.

There are 3 sets:

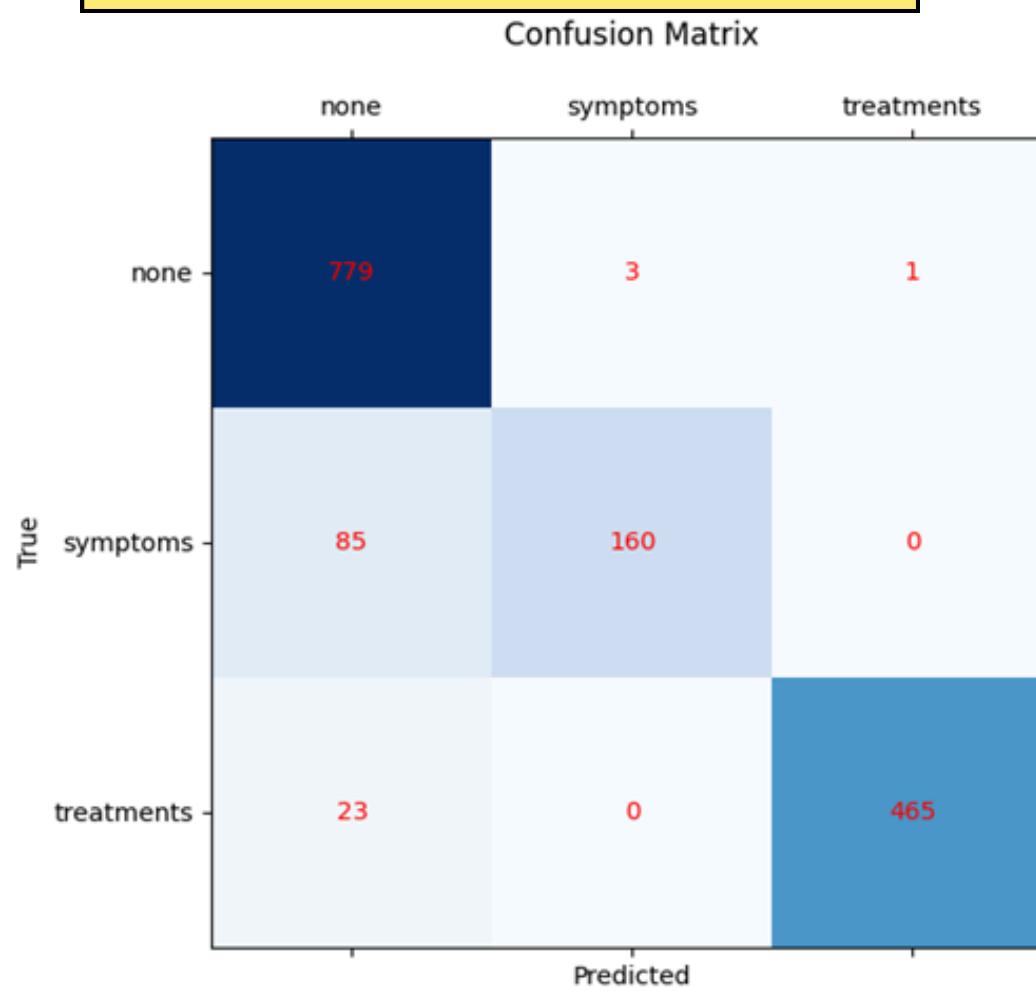
- Set 1:
  - 80% Training
  - 10% Testing
  - 10% Validation
- Set 2:
  - 70% Training
  - 15% Testing
  - 15% Validation
- Set 3:
  - 60% Training
  - 20% Testing
  - 20% Validation



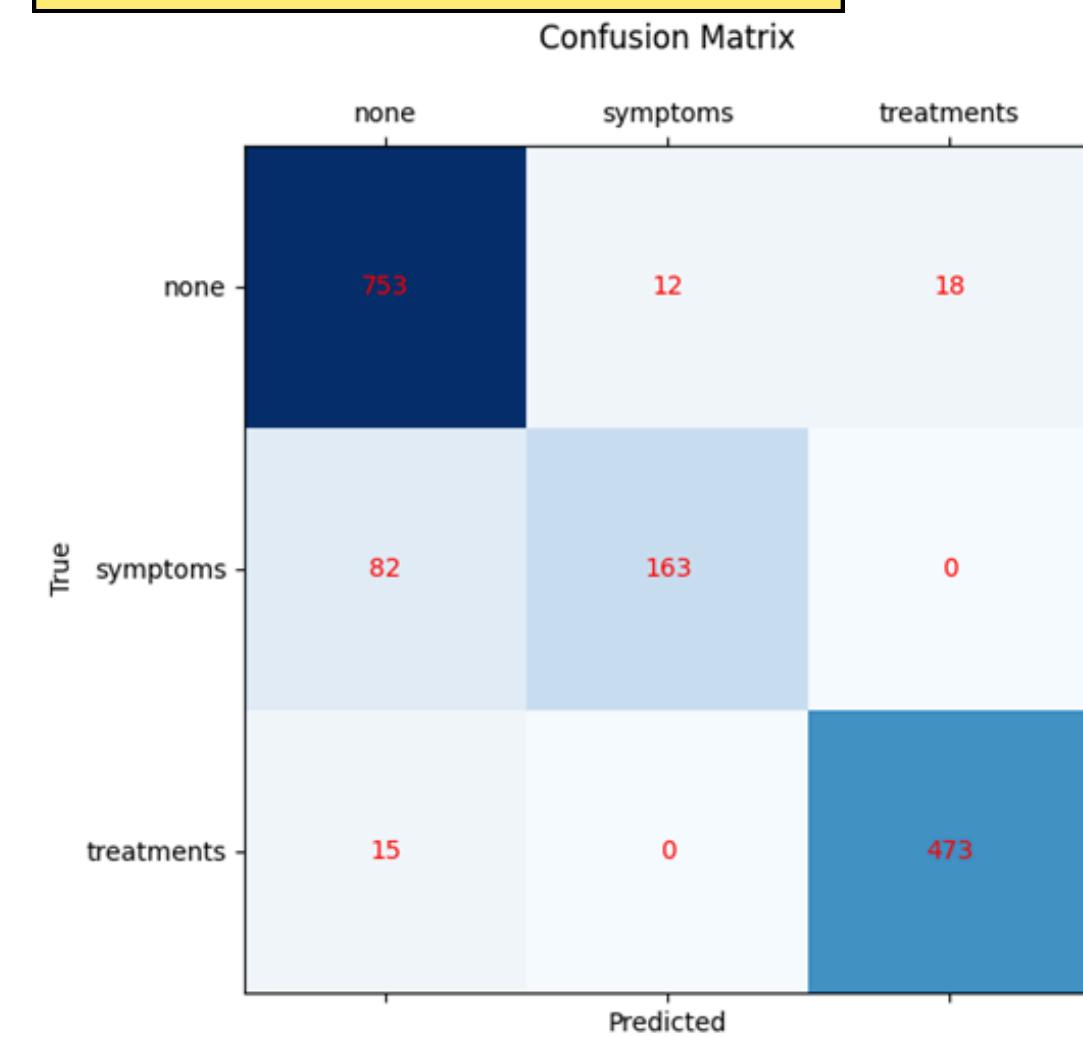
# CONFUSION MATRIX RESULTS

## Results

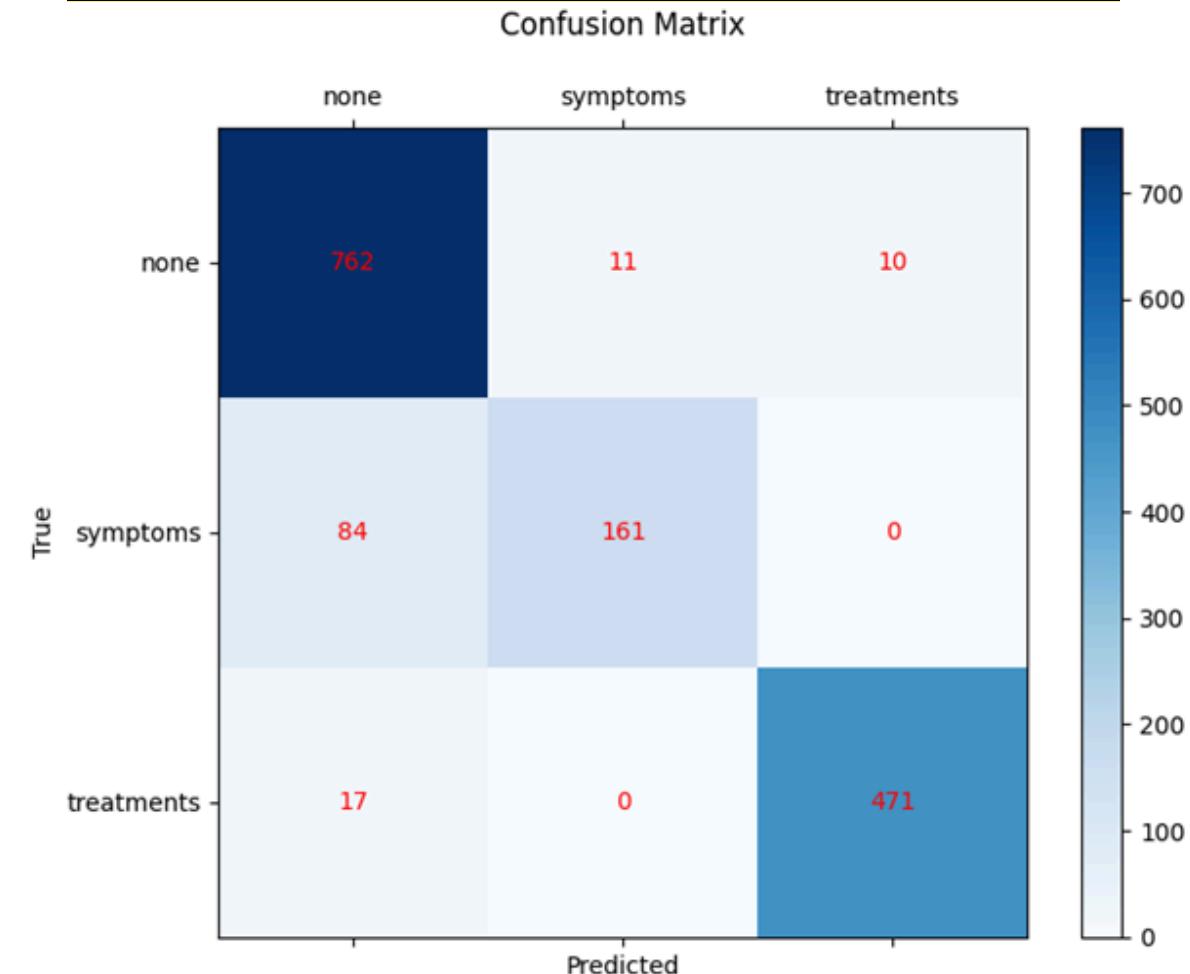
Benchmark CNN Model



Proposed CNN Model



Proposed CNN Model + Word2vec



# RESULTS FOR 3 MODELS

Models	Accuracy	None (Precision, Recall, F1-Score)	Symptoms (Precision, Recall, F1-Score)	Treatments (Precision, Recall, F1-Score)
Benchmark CNN Model	0.93	<ul style="list-style-type: none"> <li>• 0.88</li> <li>• 0.99</li> <li>• 0.93</li> </ul>	<ul style="list-style-type: none"> <li>• 0.98</li> <li>• 0.65</li> <li>• 0.78</li> </ul>	<ul style="list-style-type: none"> <li>• 1.00</li> <li>• 0.95</li> <li>• 0.97</li> </ul>
Proposed CNN Model	0.92	<ul style="list-style-type: none"> <li>• 0.89</li> <li>• 0.96</li> <li>• 0.92</li> </ul>	<ul style="list-style-type: none"> <li>• 0.93</li> <li>• 0.67</li> <li>• 0.78</li> </ul>	<ul style="list-style-type: none"> <li>• 0.96</li> <li>• 0.97</li> <li>• 0.97</li> </ul>
Proposed CNN Model + Word2Vec	0.92	<ul style="list-style-type: none"> <li>• 0.88</li> <li>• 0.97</li> <li>• 0.93</li> </ul>	<ul style="list-style-type: none"> <li>• 0.94</li> <li>• 0.66</li> <li>• 0.77</li> </ul>	<ul style="list-style-type: none"> <li>• 0.98</li> <li>• 0.97</li> <li>• 0.97</li> </ul>

# COMPARISON BETWEEN 3 MODELS

Models	Benchmark CNN Model	Proposed CNN Model	Proposed CNN+ Word2vec
Accuracy	Has the highest accuracy (0.93).	Accuracy drop by 1% (0.92)	Same with proposed model, does not have significant impact.
None (Precision, Recall & F1-Score)	Has the highest recall (0.99).	Precision increased by 1% (0.89), but recall (0.96) and F1-score (0.92) decreased.	Precision same with benchmark model (0.88), recall (0.97) and F1-score (0.93) slightly increased.
Symptoms (Precision, Recall & F1-Score)	Has the highest precision (0.98) and F1-Score (0.78).	Precision decreased by 5% (0.93), but recall increases by 2% (0.67), have same F1-score with benchmark model.	Precision increased by 1% (0.94), but recall (0.66) and F1-score (0.77) slightly decreased.
Treatments (Precision, Recall & F1-Score)	Overfitting occurs due to 100% in precision.	Precision value decreased to 0.96 after using the L2 regularization and reduce the learning rate from 0.01 to 0.001.	Precision (0.98) values increased by 2%.

# CHAPTER 6

## CONCLUSION &

## RECOMMENDATIONS

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# CONCLUSION

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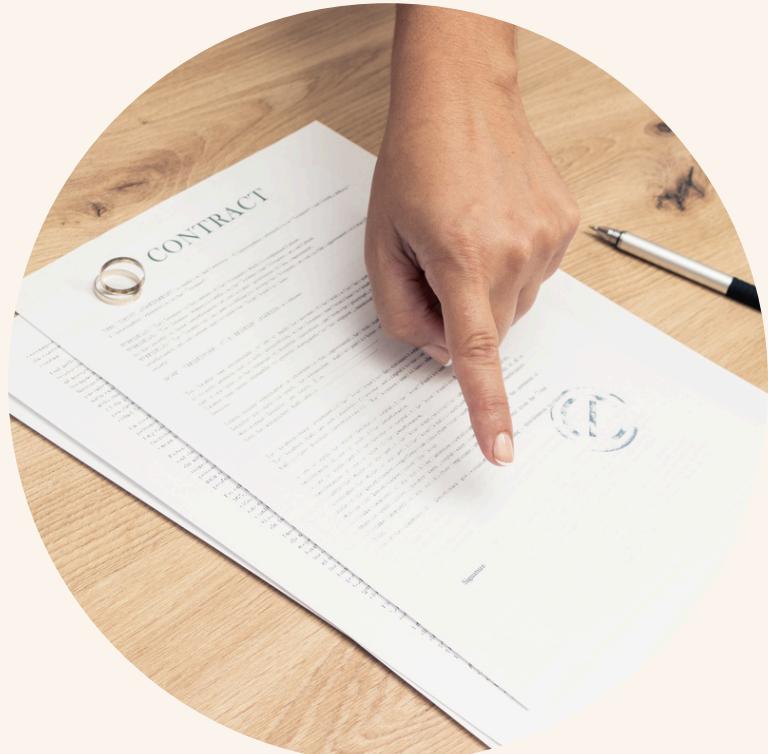
All three models perform well when using the set 2 dataset split ratio.



Proposed CNN Model is outperformed than other models when using set 2 dataset split ratio even though Benchmark CNN Model has the highest accuracy, 93.00% but with overfitting occurs.



Proposed CNN Model is the best model that classifies the MDD symptoms and treatments using the <sup>105</sup> medical journal articles.



# ACHIEVEMENTS

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-  MDD symptoms and treatments in the datasets were successfully labelled based on the predefined keyword.
-  Three CNN models are built to classify the MDD symptoms and treatments in the datasets.
-  Performance of three CNN models had evaluate and each models have accuracy more than 90.00%.



# FUTURE WORKS

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- Identify solutions to increase the corpus of keywords of MDD symptoms and treatments to provide a more precise labelling process.
- Implement other methods to handle imbalanced datasets rather than undersampling techniques.
- Experiment with different embedding layers other than Keras and Word2vec to enhance the performance of the models.
- Perform hyperparameter tuning to enhance the model's performance.



# THE END

