



# ExCEL Activity Report

Royal Cup 2.0

Name : Muhammad Riyaaz Bin Kamal

Matric Number : A21EC0092

Programme: Bachelor of Computer Science (Computer  
Network and Security)

Academic Advisor : Ts. Dr. Siti Hajar Binti  
Othman

# Programme Information

Date : 3 November 2022 — 5 November 2022

Venue : Daiman Sports Centre, Skudai.

Organizer : JKM KTC

Position / Role in Activities : Participation in Badminton Competition

## Graduate Attributes

1. Thinking Skills
2. Global Citizen
3. Adaptability

## Justification in Joining the Activities

Badminton is more than just a sport to me, it is a lifelong passion. I have dedicated countless hours to honing my skills and perfecting my techniques. This competition presents a platform for me to demonstrate my love for the game and the effort I have put into improving as a player. I took this opportunity to join this competition to expose my skills in university level.

## The Graduate Attributes that are Focused On

This competition helps me to develop thinking skills. Engaging in competitive badminton requires strategic thinking and quick decision-making. Assessing my opponent's strengths and weaknesses, adapting my game plan, and making split-second tactical decisions are essential for success. Developing and honing these thinking skills will benefit me beyond the competition, as they are transferable to problem-solving and critical thinking situations in academia and the workplace.

This competition helps me to obtain global citizen attribute. Participating in a badminton competition brings together players from various backgrounds, cultures, and nationalities. This multicultural environment allows me to interact and connect with individuals from around the world, fostering a sense of global citizenship.

Lastly, this competition helps me to develop adaptability. The badminton competition provides an ideal environment to cultivate adaptability. As I face different opponents with varying playing styles, I will need to quickly adapt the game plan, technique, and strategies. Adapting to new situations and making necessary adjustments is a valuable attribute that enables me to thrive in dynamic and ever-changing environments.

## Content of the Activities

### 1. Registration and Warm-up:

- I register for the badminton competition by submitting the necessary forms and fees few days before competition.
- Arrive at the venue early to complete registration and familiarize myself with the facilities.
- Engage in a thorough warm-up routine to prepare my body and mind for the matches ahead.

### 2. Opening Ceremony and Match Assignments:

- Attend the opening ceremony, where participants are welcomed and briefed about the competition.
- Receive my match assignments, including the time, court number, and opponent for my first match.

### 3. Match :

- I won the group stage by finishing second in the group.
- Next, I qualified for knockout matches where I proceed with quarterfinals.
- In the quarterfinals, I have lost which mean knocked out of the competition
- Regardless of the outcome, maintain a positive attitude and learn from the experience.

### 4. Closing :

- Attend the award ceremony to honor the winners and participants.
- Celebrate the achievements of fellow players and acknowledge their efforts.

# Self-Reflection

Participating in the badminton competition provided me with a valuable opportunity to reflect on the impact of the activities on the development of my graduate attributes. Here is my self-reflection, considering the impact, strengths, challenges, and how I overcame them:

## 1. Impact of the Activities on the Development of Graduate Attributes:

**Thinking Skills:** Engaging in competitive matches required quick thinking and decision-making. I learned to assess my opponents' strategies, adapt my game plan, and make split-second tactical decisions, strengthening my critical thinking skills.

**Adaptability:** The competition exposed me to various opponents with different playing styles. Adapting my strategies and techniques to each match required me to be adaptable and open to new approaches, enhancing my adaptability attribute.

**Global Citizen:** Interacting with participants from diverse backgrounds fostered a sense of global citizenship. Respecting cultural differences, appreciating diversity, and forging connections with individuals from different nationalities contributed to my growth as a global citizen.

## 2. Self-Strengths/Advantages towards the Activities:

**Passion and Dedication:** My deep love for badminton and dedication to the sport served as my driving force throughout the competition. It motivated me to put in extra effort, constantly strive for improvement, and maintain a positive attitude even in challenging situations.

**Resilience and Perseverance:** I possessed a resilient mindset, which helped me bounce back from setbacks and keep pushing forward. This attribute allowed me to maintain focus, learn from failures, and continue working towards my goals.

## 3. Challenges and How to Overcome:

**Strong Opponents:** One of the challenges I faced was competing against skilled opponents. To overcome this, I focused on my strengths, remained confident in my abilities, and analyzed their playing styles to find opportunities for success.

**Time Management:** Balancing training, academic commitments, and other responsibilities was a challenge. I overcame this by creating a schedule, prioritizing tasks, and effectively managing my time to ensure I dedicated sufficient effort to both training and academics.

## Certificate/Proof of Competition

---

### **BADMINTON ROYAL CUP KTC**

#### **INDIVIDU LELAKI**

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
A1: ABDURRAHIM SYAH BIN ERWIN SYAH	B1: PAH YOU FOO	C1: WAN MOHAMAD HAFIZ BIN WAN MOHAMAD AZLI	D1: LIEW ZHENG XIAN
A2: IRSYAD NAZHAN BIN ROSLI	B2: MUHAMMAD NOOR BIN M SAUD	C2: TAN KIM LOONG	D2: KRIST NG ZHI QUAN
A3: LEE HUAN HAO	B3: LEK YU HENG	C3: MUHAMMAD IRFAN BIN MOHAMAD AMRAN	D3: SAIFUL MASRI BIN NOR ROSLAN
A4: LOH BEN WEI	B4: AIEMAN IFFAN BIN HUSIN	C4: MARCUS TIONG BING CHIONG	D4: MUHAMMAD SUFFI BIN HAMDAN
A5: MUHAMMAD RIYAAZ BIN KAMAL	B5: DHIFVESH	C5: AMIRUL MUHAMMAD BIN OMAR	D5: KHOO KAH WAI

**GROUPING :**

---

Figure 1 : Competition Timetable