



**UTM**  
UNIVERSITI TEKNOLOGI MALAYSIA

# **ExCEL Report**

**Excel Activity: DIABOLO IS FUN 5.0**

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## **1.0 Activity Information**

Date: 18 May 2022

Venue: Google Meet online platform

Organizer: UTM Diabolo Club Persatuan Kesenian Citra Daksina (PETERANA)

## **2.0 Graduate Attributes**

- Communication skill
- Leadership and Teamworking skill

## **3.0 Position/Role**

- I was Secretary of Diabolo Club.

## **4.0 Mini Report**

The purpose of joining this activity is to make new friends and improve my diabolo skills. I wished to get some new diabolo skill and improve my communication skill in this activity. Besides, playing diabolo can be considered as an exercise since it involves all parts of the body.

Communication skill, leadership and teamworking skill are the graduate attributes that are focused on during this activity.

The first activity is all members watch the video to learn the diabolo skill, the video link will be sent in the chatbox so that everyone can have a clear understanding on each of the diabolo skill. Next, every member is then suggested to switch on the camera and learned to practice the skill as the video shown. When facing any problems, every member is encouraged to ask and discuss with others. After the practice, a short meeting will be held to summarize the practice.

## **5.0 Self-Reflection**

From this activity, my communication skill as well as leadership skill and teamworing skill were improved. This can be evident by the practice session which require every member to switch on camera to show the diabolo skill that learned. Besides, as a secretary of the club, I have also learned to be a responsible person as I need to do the activity report for each of the diabolo practice. I need to take the attendance of each activities and write the report.

In this activity, I could communicate well with each other. Moreover, I need to inform to the president of the club about the progress of the documents and discuss with committee member about the improvement that can be done to improve each of the diabolo activity.

Challenge that I have faced during the activity is the communication on the explanation of the diabolo skill to others. Since the activities in organized using google meet, unstable network connection will affect the communication among members. Besides, they are also some members who are shy to ask the questions and switch on the camera. To overcome this problem, an offline activity which is recording the video after every practice is carried out. Besides, I also asked help from the committee member in the group.

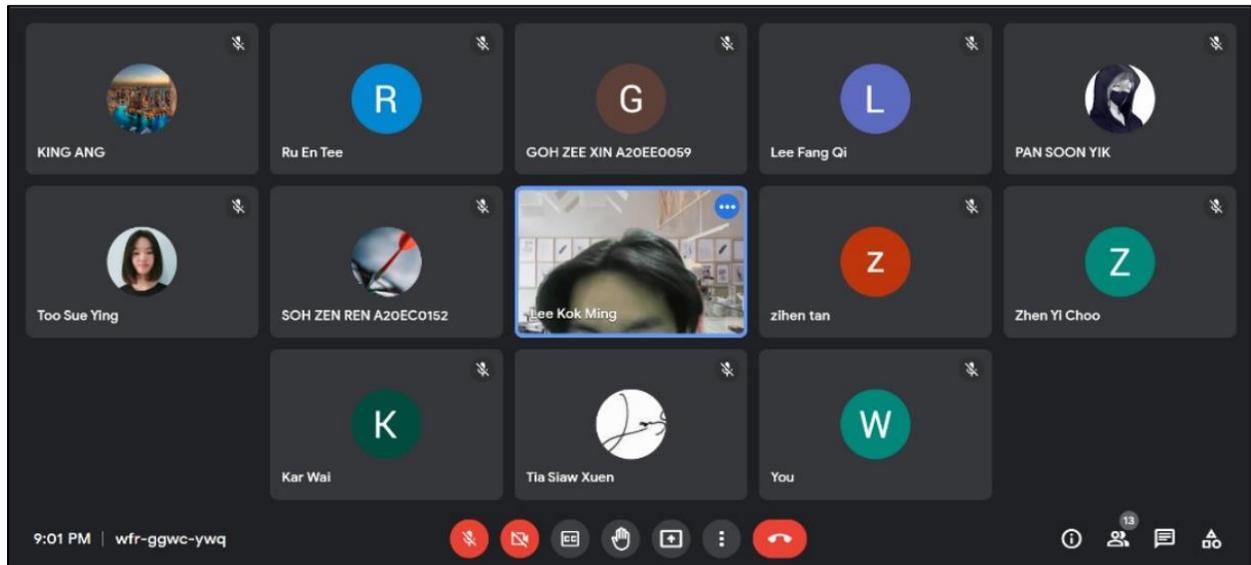
## 6.0 Photo of the proof



Figure 1 show the member of the club learn the diabolo skill through the video.



*Figure 2 show all the member have practices on the new diabolo skill*



*Figure 3 show all the members have a short meeting at the end of the meeting to summarize each practice.*